



## Newsletter No. 12

3 May 2023

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.

Traditionally in the Church each month has a special devotional focus. May and October are thought of as Marian months, where we spend extra time in prayer and strengthening our relationship with Jesus through Our Lady. We are blessed in many ways here at St Lawrence. One such blessing is the lovely bell that chimes daily at 12:00 noon. This bell reminds us all to stop and ponder the love and devotion Mary had towards her most cherished Son, Jesus. This is a great opportunity for us all to spend a few moments in prayer, to stop, retreat from the hustle and bustle of the world and be at peace. The bell historical was a sign to say the Angelus, in fact the bell is often called "The Angelus Bell". A call to prayer and accordingly a call to spread goodwill to everyone.

*One of our most beloved and often recited devotional prayers  
is the Hail Mary*

*Hail Mary, full of grace.*

*The Lord is with thee.*

*Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.*

*Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.*

*Amen.*



The Hail Mary (sometimes called the "Angelical salutation", from the first words in its Latin form, the "Ave Maria") is the most familiar of all the prayers used by the Catholic Church in honour of our Blessed Lady.

It is commonly described as consisting of three parts. The first, "Hail (Mary) full of grace, the Lord is with thee, blessed art thou amongst women", embodies the words used by the Angel Gabriel in saluting the Blessed Virgin (Luke, I, 28). The second, "and blessed is the fruit of thy womb (Jesus)", is borrowed from the Divinely inspired greeting of St. Elizabeth (Luke 1:42). Finally, the petition "Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen."

## Inspiring Christ-Centre Leaders

### Staff Announcement

To all our dear community members, it is with much sadness in my heart that I must announce the retirement of one of our most loved and influential members of staff. These announcements never come easy and although there is much joy in reflecting on this individual's 30-year impact on not only St Lawrence but indeed Catholic Education in general.

Our much loved and respected Mrs Marie Boyle has decided the time has come for her to move onto new and different journeys in her life, and after 30 years associated here with St Lawrence Primary will retire from service at the end of this term.

Marie, words will fail to articulate the impact Marie has had on so many levels of life here at St Lawrence. Marie is not only a very active member of the Parish, who has sat on numerous committees and work parties over the years, but Marie has also worked tirelessly in our school. Reports, newsletters and of course our outstanding Yearbook are all at the high standard they are because of the influence of Marie.

Marie has also sat on the School Improvement Team and was pivotal in creating our webpage! Which stands as one of Catholic Educations best!

Many will not know, Marie was also the Executive Secretary to the Catholic Primary Principals Association for many years. In this position, she worked with the CPPA executive and the Catholic Education Office. Marie is still fondly talked about at this level, and I personally can attest to that as I currently sit on this committee and Marie is remembered fondly and for her exceptional work.

I can recall one story that reflects Marie's professionalism and kind heart. Upon my appointment at this school Marie sent a copy of the 2018 school Yearbook and a note of welcome personally to myself and an expression of joy to be able to work with me. Such acts of kindness, often go unseen in this world....but they touch the hearts of the individuals who are the recipients.

We will all have the opportunity to appropriately farewell Marie when the time is right, but at this point, to you Marie, my greatest admiration on your years of service to Our Lord in his schools and in Catholic Education in general, your professionalism and quality of work are second to none and will stand as testament to your dedication, skills and knowledge. I also wish to acknowledge the sage and dignified advice Marie has always given me and her unfailing support of my Leadership of St Lawrence.

Through talking with previous principals, Martin Loney, Martin Barrett, Margaret Williamson, and John Rose the consensus is that Marie Boyle not only is an outstanding member of the school community but an outstanding contributor to Catholic Education in general.

We wish her all God's blessings in her life journey.

### Catholic Schools of Excellence



We have a ghost-writer join our newsletter team this week and he or she has penned a few observations of actions, events and inside information currently doing the rounds of St Lawrence...I'll hand you over to our watchful guest writer.

Hello everyone...It was so great to see the children returning to school last week. To see their smiling faces and hear their laughter. Classrooms have been all abuzz after Easter and the holidays.

Our 'precious' three-year-olds in **Pre Kindy** have been so brave returning to school eagerly after a two week break. Mrs Caruso and Mrs Seragusano are super proud of each and every one of you!

Our **Kindy** children have been very busy indeed...seems a lot of energies have been going into creating something very special for....I can't say! Even I've been held to secrecy on this one! But they have been busy busy making and creating...I can say that much for sure....

In **Pre-Primary** we were treated to some marvellous nature investigations and.....wiggly worms! This was also evident in **Year One**....letter work and the children learning how to make the letter shapes and write their own names with perfect penmanship. It looks like some of our Pre-Primaries are almost independent readers....almost!

In **Year Two** the children were working so hard to impress Mrs Edwards, one senior staff member....yet young in spirit was amazed at the work taking place in **Year Two** and how focused the children were on their learning.

**Year Three** saw a wonderful focus on creating some outstanding ANZAC Artwork. I was absolutely blown away at the beautiful work created by the boys and girls in honour of our service men and woman. What talented children we have.

Now our **Year Four** children are always keen to impress, and they certainly didn't let us down...they have been reflecting on 'childhood tales' tapping into the 'mind' of the amazing famous author Roald Dahl.

**Year Five** were out and about last week, taking a field trip no less. They were spotted at two separate locations around Perth. One the Constitutional Centre and the other was the Electoral Education Centre.....very politically correct one might say. This was certainly a talking point among the boys and girls who could hardly wait to share their excitement with me upon returning to school. Word about town is they all looked very smart out in public and representing our school in their finest!

**Year Six**, our rather stylish and certainly trend setting leaders of the school were busy ensuring preparations for our ANZAC Commemorations taking place, and with much gusto! The end result was a fabulous remembrance of our brave men and women who have so gallantly and courageously stood for our fine country.

**The Sports Leaders** were also ensuring each classroom had access to all their specially selected sport equipment, so all children and classes can have the opportunity to play a variety of games. Wow aren't we lucky to have such hard-working school leaders!

Hot off the press...but yet to be confirmed by official documentation... St Lawrence **"Running Club"** will kick off again in 2023.... a social highlight for parents to gather before school and watch our chargers exercising and Mrs Major always presents in a dashing array of sporting outfits! Interestingly Mr Van Oosten, Ms Tranquille and Mr Carey were all seen having what looked like an early morning, high powered, executive meeting...in our **Indigenous Garden**...one can only wonder what plans maybe afoot there! Rumour also has it Ms Tranquille has been investigating the plausibility of creating an Indigenous piece of art for display around our school...she was apparently spotted in Perth during the holidays talking with a local Indigenous Artist..... Shouldn't be too hard talking Mr Carey into approving that...anyone who knows him knows his art collection is quite extensive. We shall watch this space with anticipation!

Rather interestingly Mr Carey was overheard approving special **Mother's Day** purchases for our lovely mothers. The word chocolate was mentioned in that conversation! When will we know what all this means?

A phone call overheard by someone close to the **office staff**, provided information about tree loppers being sourced to prune the front hedges and have a look at some of the trees in the orchards. Also, reticulation staff were seen on campus fixing a pipe that had busted!

It's also believed, and sources close to the Principal's Office have confirmed that Mrs Preston's replacement for Term Two has settled in exceptionally well. Leadership have been concerned regarding an increased number of worms spotted between **Year One and Pre-Primary!**

What looks like an industrial sized Garden Nursery seems to be developing in PP..... One senior staff member went as far as saying "I believe we have a young horticulturist blooming in the early years!" When approached Mr Carey would not confirm or deny these allegations. Interesting!

Perhaps for me personal, well apart from Mr Carey's collection of dashing ties, was the wonderful ANZAC Day Commemoration Service I attended...incognito of course...but I was there...a very special and moving reflection on the supreme sacrifice made by so many to allow our great country to be free and abound in liberty. Mrs Bozich, Mr Haydon and Mrs Seragusana reportedly put this event together and what a marvellous reflection it was.

Much goes on around this place we call St Lawrence in one week! Much in deed....

## **Catholic Pastoral Communities**



### **When life doesn't go their way!**

One of the keys to functioning socially and emotionally is the ability to deal with disappointment and rejection.

Most children experience some type of rejection from their peers throughout childhood. One study found that even popular children were rejected about one quarter of the time when they approached children in school.

Most children recover from such rejection. They move on and form constructive, worthwhile relationships but some children need help. They often take rejection personally and blame themselves. As a parent it is useful to challenge children's unhelpful thinking and encourage them to look for new friendship opportunities. Parents can help children understand that rejection may happen for any number of reasons that are unrelated to them.

In the course of a school day children will meet with a number of challenges and even setbacks. They may struggle with some schoolwork. They may not do well in a test, and they may not be picked for a game that they wanted to play. Children grow stronger when they overcome their difficulties. The challenge for parents is to build and maintain children's confidence to help them get through the rough times.

One way to help children deal with rejection and disappointment is to talk through a problem or difficulty recognising and accepting their feelings. Talk about various scenarios around the incident, discussing possible outcomes. The age of the child will determine the amount of detail. Keep things simple and avoid burdening a younger child with concepts he or she doesn't understand.

Your attitude can make a huge difference to how a child reacts. If you see rejection or disappointments as problems, then your child will be hamstrung by this view. See them as challenges then your child will, in all likelihood, pick up your upbeat view and deal with disappointments easily. After all, confidence is catching!

## Try this... Putting it into practice

To help children handle rejection and disappointment try the following four strategies:

1. **Model** optimism. Watch how you present the world to children, as they will pick up your view.
2. **Tell** children how you handle disappointment and rejection. Not only is it reassuring for children to know that their parents understand how they feel but they can learn a great deal by how their parents handle situations.
3. **Help** children recognise times in the past when they bounced back from disappointment. Help them recognise those same strategies can be used again.
4. **Laugh** together. Humour is a great coping mechanism. It helps put disappointment in perspective. It helps them understand that things will get better. They always do.

The above is compiled based on Michael Grose's website <http://www.parentingideas.com.au>

## Accessible, Affordable and Sustainable

We are finalising our Kindy and Pre-Kindy enrolments for 2024. We have very strong enrolment numbers and continue to be a school of high demand. If you have young children looking for future placements, I strongly encourage you to ensure you have completed an application form as our positions are very limited.

The following quote articulates the importance of getting things wrong if we are to move forward and learn. If students are getting everything correct all the time, then we are not stretching them to maximise their potential. One of my lectures always told me learning means having “crunchy eyebrow moments”. When we move from “I don’t understand, I can’t see the link” to “Oh I get it now!”

“If the students are answering every one of the teacher’s questions correctly the teacher is surely wasting the students’ time. If the questions are not causing students to struggle and think, they are probably not worth asking. Mistakes are evidence that the questions I asked are tough enough to make you smarter. Research indicates that long-term learning improves when students make mistakes and correct their answers.”

“The Right Questions, the Right Way” by Dylan William in *Educational Leadership*, March 2014

God bless each and every one of you.



**Sheldon Carey**  
*M Ed, B Ed, Grad Dip*  
**Principal**





# FROM THE ASSISTANT PRINCIPALS



## MONTH of MAY

During the month of May we dedicate our prayers to Our Spiritual Mother Mary. To celebrate our Mother Mary, every Friday in May at line-up students will lead the school in a decade of the Rosary.

## MOTHER'S DAY STALL

Just a reminder that children who have ordered items from the P&F Mother's Day stall will need to bring in their \$5 or \$10 on Friday 5th May to purchase their gift.

## MOTHER'S DAY BREAKFAST

We are looking forward to seeing many mums, grandmas and carers at the Mother's Day breakfast on Friday 12th May at 7.30am. It promises to be an amazing celebration of the special people in our lives.

## PROJECT COMPASSION

*"Thank you to all families who have contributed to our fundraising efforts for Term 1. The sum of \$445.30 was collected, by way of weekly class collections and family fundraising tins. We thank you for your contributions and thoughts for the charity of Caritas Australia, who will receive this fundraising on behalf of the St Lawrence School community."*

## CONFIRMATION

A parent meeting will be held in the school hall today 3 May at 7pm. All parents/guardians of students in Year 6 who are receiving the Sacrament of Confirmation are expected to attend. Year Six students will also participate in a retreat day on Thursday 25 May.

## WINTER UNIFORM

A reminder that it is an expectation that all students are wearing their full winter uniform starting from next week.

## GROWTH MINDSET

As educators, we want all of the students we teach to profit from our efforts. A growth mindset – ours and theirs – helps students to seek learning, to love learning, and to learn effectively.

*Ms Kathleen Tranquille & Mrs Gabrielle Brennan  
Assistant Principals*

*'As part of our Mother's Day Breakfast it would be lovely if you could please send in a photo of yourself with your children. If you could please email your beautiful photo to [frances.caruso@cewa.com.au](mailto:frances.caruso@cewa.com.au) it would be greatly appreciated. We look forward to seeing you all there.*

*Frances Caruso, Stephanie Freeman, Lyn Staltari & Karyn Howley  
Mother's Day Committee*

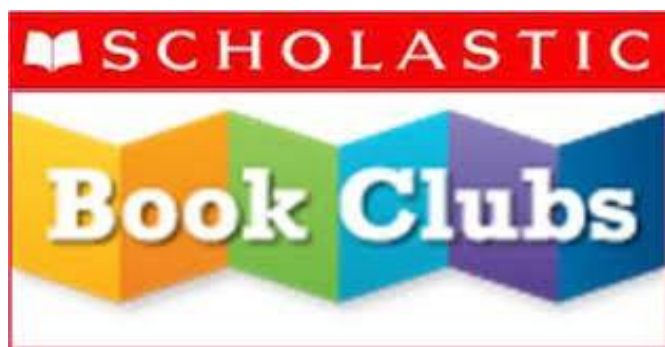


Enjoying WASTE FREE Crunch and Sip.

*Mrs Roselyn Pizzino, Crunch & Sip Co-ordinator*



## LIBRARY NEWS



### Scholastic Book Club

Scholastic Book Club brochures have gone home this week. Orders may be placed online and paid by credit card via the Loop System, or they can be returned to the school in an envelope marked Book Club with your child's name and year level written on the front, with the cash payment enclosed.

**Please note: all orders need to be submitted/returned by 3.30pm Tuesday 9<sup>th</sup> May.** We are unable to accept late orders.

*Mrs Louise Frenzel, Library Officer*

## UNIFORM SHOP NEWS

### WINTER UNIFORM

Students in Year 1 to Year 6 wear in Winter uniform in Term 2 & 3.

Early Childhood students (Pre-kindy and Kindy) are encouraged to wear a Red Early Childhood T-Shirt and Red Early Childhood Track Top.

- Girls winter skirts should be worn at knee length and school white blouses worn over skirt (not tucked in) with school tie and white school socks
- Girls have option to wear navy tights with skirt (available at department stores).
- Hair ties navy or white with uniform and red or gold with sports uniform.
- Boys blue shirt tucked in school grey long trousers with school tie and grey school socks.
- Boys and Girls wool jumpers to be worn with school uniform (Sport track jackets are not to be worn with school uniform) School wool vests are available for purchase and optional to wear.

### NETBALL UNIFORM

The 2023 Winter Netball Season commences 28th April to 26th August.

Netball Dresses are to be worn on game days for Junior & Net Set Go competition.

Netball Jackets are available for purchase from Uniform Shop and are to be worn during netball game days.

Please note that Year 6 Leavers Jackets and School Navy Track Jackets are NOT PERMITTED to be worn on Netball Game Days.

School white sport socks are encouraged to be worn.

Netball Order Price List forms are available from the school office and school website.

### SECOND HAND UNIFORMS

Any unwanted second-hand uniforms may be donated to the uniform shop or school office. Uniforms must be in good saleable condition and washed. Any uniforms with rips/holes and any stains or too faded will NOT be accepted.

NO second hand HATS, SOCKS AND TIES

A CLEARANCE sale on second hand uniforms will be commencing shortly.

Please do not hesitate to contact me for all enquires or to place a Uniform order, please EMAIL me on [Angie.Miola@cewa.edu.au](mailto:Angie.Miola@cewa.edu.au).

### Uniform Shop Opening Hours:

**Wednesday 8.30am to 9.30am & Thursday 2.30pm to 3.30pm.**

*Mrs Angie Miola, Uniform Shop Manager*



# NETBALL NEWS

## Winter Netball 2023

The Winter Netball season for 2023 is underway. Well done to all of our teams, we had some outstanding results in the first round. Looking forward to what the next few weeks will bring! Best of luck to all of our teams going into Round 2.

*Cheryl & Renee - St Lawrence Netball Club*



### ***Year 2 - (U'7)***

Year 2's came away with a 10-1 win against St Luke's



### ***Year 3/4 (U'9)***

Year 3/4's conceded a loss 8-0 against St Anthony's



### ***Year 5 (U'10)***

Year 5's conceded a loss 4-2 against Padbury Catholic



### ***Year 6/7 (U'12)***

Year 6/7's came away with a 15-2 Win against Yanchep

# REMiNDER

**MOTHER'S DAY STALL – Friday 5 May**

**MOTHER'S DAY BREAKFAST – Friday 12 May  
7.30am**



**RSVP by Friday, 5 May 2023**

[https://docs.google.com/forms/d/e/1FAIpQLSduHh6amu\\_syhb8lCdLoqeJZy9lor6mU6GmT9Y3zaHQ\\_WETHeg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSduHh6amu_syhb8lCdLoqeJZy9lor6mU6GmT9Y3zaHQ_WETHeg/viewform?usp=sf_link)

*Mrs Natasha Raso, P&F President 2023*

## CANTEEN NEWS



The canteen relies heavily on volunteers and if you are available to help on any of the days below, please contact us. I have put a year group at the end as a guide but obviously if there is a day you are free to help, please let us know!

Week 3	Wednesday 10th May and Thursday 11th May – Year 5
Week 4	Wednesday 17th May and Thursday 18th May – Year 4
Week 5	Wednesday 25th May – Year 3
Week 6	Wednesday 31st May and Thursday 1st June – Year 2
Week 7	Thursday 8th June – Year 1
Week 8	Wednesday 14th June and Thursday 15th June - Pre-primary
Week 9	Wednesday 21st June and Thursday 22nd June - Junior years
Week 10	Wednesday 28th June and Thursday 29th June - as it is the last day of term, <b>three helpers</b> would be needed – all years!

Thank you for your support. We really appreciate your help.

*Christina and Fran, 2023 Canteen Staff*