



## Newsletter No. 4

**3 March 2021**

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.



Dear Parents and Caregivers

### **Inspiring Christ-Centre Leaders**

Can you believe that we are halfway through the term already! Our students have settled into school routines and are focussing so well in the classroom and on the playground. It is wonderful to see so many students already being acknowledged for all their wonderful talents and gifts. Every day I see many children proudly bringing their achievements to the office and sharing their joy of learning. Congratulations to all students and families for ensuring our uniform is worn with pride and that we are always well groomed and presented.

Let us all focus on the importance of rest and renewal during our Wellness Week. Many studies and much research abounds which articulates the importance of rest to build on our capacities to learn. Jesus Himself articulated on a number of occasions the importance of rest.

*Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest".*

*~Mark 6:31*

The purpose of **Wellness Week** is to give everyone, students, families and staff, an opportunity to slow down and take time to focus on our mental health and wellbeing. During this week, no homework is to be given to students. Families will be encouraged to take this opportunity to spend time with each other, visit grandparents, go walking, have a midweek picnic, spend time in prayer and generally spend quality time together and downtime to reboot our mental health. The school will run meditation sessions, shared prayer, and quiet relaxation time throughout the week to offer students the opportunity to relax and recharge. Staff will also be given the opportunity to focus on their own mental health and wellbeing. No meetings or appointments are to be scheduled (unless emergencies) during this week, and staff are encouraged to spend more quality time with their own families as well. The overall aim is a focus on mental health and wellbeing for all our community members. As reading is not homework, just something we should always be doing, please ensure you all continue your home reading...Go outside and have a walk as a family. I know we are all busy, but perhaps you can coordinate your family calendars and spend this time together and make it a special family day....A screen free pledge night is also a great opportunity to be together as a family. Have the whole family turn their devices off, place them somewhere away and out of view...then as a family do something together...cook, go for a swim, bike ride, read...anything you would like to share as a family. The focus is on wellbeing and mental health...I ask you all to get behind this wonderful initiative.

Our staff will all have the opportunity to partake in an afternoon of wellness activity, as part of their undertakings to maintain personal wellness and health. A big thank you to all staff who have been busily preparing these activities. A shared sense of *common good* is a strong theme in our Gospels and seeing our staff work together is a great reflection of this.

## **Catholic Schools of Excellence**

All Catholic Schools are required to have an Evangelisation Policy. This plan helps our school to shape and form the Evangelisation mission of a Catholic School within the Catholic Church.

The Principles underlining our Evangelisation Policy are:

- *At St Lawrence we are called to share the word of God with those in the school community.*
- *God's message of hope will be shared with all.*
- *Every effort is made to please God as we imitate Christ in all we do and all we say.*
- *The Evangelisation Policy is central to all we do at St Lawrence.*

The Procedure underlying our policy is:

At St Lawrence we endeavour to spread the mission of Jesus Christ in word and action; by offering students primary proclamation and initiatory catechesis.

- *Providing students with many opportunities to witness their faith.*
- *Foster the sacramental life of our school community.*
- *Pastorally care for all members of the school community.*
- *Enable staff to participate in Faith Development opportunities.*
- *Being aware of the global community and giving support where possible.*
- *Ensuring the inclusion of the school community when appropriate.*
- *By striving to live and model good Christian Witness.*



On Friday, all staff completed their ***First Responder First Aid Training***. This is to ensure all staff are fully qualified as First Responders in a situation where first aid might be required. Both online and practical assessments were undertaken along with the hands-on training. Our staff work hard to ensure they are always developing their professional and personal skills and enhancing their toolbox of talents. I also feel a little more assured knowing each staff member has been trained in First Aid. On a personal note, I do encourage all community members to undertake training in First Aid, one truly never knows when it might be needed. I know each time I undergo the training I learn new skills and acquire knowledge that I could and would put into practice should the need arise. The simple skills that are set and understanding acquired is invaluable.

## **Catholic Pastoral Communities**

Setting aside some chores for children teaches them valuable lessons in responsibility and shares the family workload. Sharing the work teaches valuable life lessons and important skills as well as showing children how to live co-operatively in a community.

Most children can begin most of these chores at a very young age and learn to take pride in a job well done. Show them how you want the job done, thank them for doing the job well and don't tie doing jobs to pocket money. Members of a family don't get paid for sharing the normal workload that keeps the household running smoothly.

- make their bed and change the sheets
- put away their clothes
- put their dirty clothes in the laundry
- set the table
- clear the table
- load and unload the dishwasher
- feed pets
- walk the dog
- tidy up toys and books
- dust with socks on their hands (when they're finished the dusting, they can take off the dirty socks and put them in the laundry)
- tidy using hand vacuum – and the large one when they are able to
- mop floor
- sweep floor
- peel vegetables
- make toast
- make cereal
- sort laundry
- fold laundry
- clean bathroom basin
- clean bath, toilet and shower
- hang up towels
- sweep up leaves
- pull up weeds
- put out the rubbish
- put away groceries
- bring in mail and newspapers
- clean windows and glass doors as their height allows
- collect up and plug-in phones and tablets for charging
- water pot plants
- clean the car

## Accessible, Affordable and Sustainable

### **KINDERGARTEN APPLICATION FOR 2022**

**Applications for Kindy in 2022 are currently being processed.**

**Even if you have siblings at the school you still need to fill out relevant application forms for your child.**

If you have a child ready to commence Kindy in 2022, please visit the school's website for enrolment information and application form or contact the school office for an application form.

If you know of other families within the community that would like to attend our Kindergarten programme for 2022, please let them know that they need to visit the school's website or contact the school for an application form.

Applications close Friday 12 March 2021

### **PRE-KINDERGARTEN (3yr old) APPLICATION FOR 2022**

If you have a child ready to commence Pre-Kindy in 2022, please visit the school's website for enrolment information and application form or contact the school office for an application form. If you know of other families within the community that would like to attend our Pre-Kindergarten programme for 2022, please let them know that they need to visit the school's website for enrolment information and application form or contact the school for an application form.

Applications close Friday 12 March 2021

**2021 Student Residential Address and Other Information, Collection Notice for parents/guardians – please see attachment.**

God bless each and every one of you.



*Sheldon Carey  
M Ed, B Ed, Grad Dip  
Principal*



## ***PASTORAL CARE***

*We pray for all our community as we move through our Lenten journey. My alms, pray and fasting help us all grow in our love of God.*

# HOME LEARNING



**ENCOURAGE** your child to read or write with a specific purpose in mind.

Some ideas include:

- Read a book or film review and then you and your child can create your own review.
- Listen to and view texts on the internet, MP3 or other digital audio player. Watch and listen to stories.
- Read, collect, experiment with and write recipes to create a cookbook.
- Find out facts about the world. Write a list of facts.
- Use instant messaging to communicate with family and friends together.
- Keep a diary where your child can record events, feelings etc.
- Make and write greeting cards.
- Write a shopping list for a recipe you and your child wish to make.
- Play appropriate computer games that require reading.
- Join a blog to read and to make contributions together.

## *Fitness/Wellness Activities at Line-up led by the Sport Captains*



## FROM THE ASSISTANT PRINCIPALS



### ENROLMENT MASSES

The Year 3, 4 and 6 students receiving the Sacrament of Penance (Year 3), Eucharist (Year 4) or the Sacrament of Confirmation (Year 6) are required to attend an Enrolment Mass before they are able to receive the Sacrament.

It is essential that both you and your child attend Mass in the St Lawrence Parish to officially nominate them as candidates for the Sacrament of Reconciliation, Eucharist or Confirmation. You are required to attend one Mass on the weekend of 13th/14th March. The masses will be at 6pm on Saturday and 5pm on Sunday. We look forward to seeing you there. An enrolment form will be sent home with all children in Years 3, 4 and 6 this week. The enrolment form will need to be completed and handed to Father Emil at one of the Enrolment Masses.

### TEACHER PARENT INTERVIEWS

Over the upcoming weeks, classroom teachers will be inviting parents to meet with them to discuss their child's progress over the term. These interviews form an important part of our Reporting policy and are essential component in developing open communication between home and school.

### WELLNESS WEEK

This week, our school celebrates Wellness Week. During this week our community is reminded of the importance of maintaining balance in our lives and taking time away from the everyday busyness to reconnect with our families and ourselves. There will be no homework during this week.

### HARMONY DAY 2021



Harmony day is on 21st March. It is a day of cultural respect for everyone who calls Australia home, from the traditional owners of this land to those who have come from many countries around the world. At St Lawrence, we have families from many different nationalities and we celebrate and embrace the individuality and uniqueness of all. The main message is everyone belongs, which is a fantastic opportunity to encourage the inclusiveness of different cultural backgrounds that make up our classes and our school community. Orange is the official colour chosen to represent Harmony Week. The colour orange relates to freedom of ideas and encouragement of mutual respect.

**On Monday 22nd March to celebrate Harmony Day, children will be allowed to wear orange or a cultural costume from their family's country of origin.**

Thank you for your support.

### FATHERING PROJECT

A group of children and their fathers are off to Moore River for their Annual Fathering Camp. We know they will have a marvellous time and make some very special memories. We wish them well. Please refer to the notice in this newsletter for camping details.

*Miss Kathleen Tranquille & Mrs Gabrielle Brennan  
Assistant Principals*

# CLASS NEWS

## PRE KINDY

Welcome to our fourth session of the term tomorrow - the children are so very good with the class routine at this early part of the year. We focus on classroom rules like playing at the tables and caring for our wonderful toys, cleaning up when our *Clean Up Song* comes on, and then sitting on the mat nicely in our places to listen to our teachers. Another important part of our day is playing nicely with our friends as well as getting to know each other.

Mrs Seragusana and I are working with the children and completing three set activities during the day – a painting activity during our morning session and usually a craft activity during our mid-morning session. After lunch, during our afternoon session, we focus on a fine motor activity with all children.

I hope you are enjoying using our Seesaw app – we try to post as many photos as we can so you can see what is happening during our day AND I also will use the app for announcements and messages.

*Mrs Kaylene Bozich, Pre Kindy Teacher*

## KINDERGARTEN

This week we celebrated Wellness Week. I spoke with the children about the importance of looking after our bodies and one of the ways we explored this was through practicing deep breathing exercises and discussing healthy eating. We have also started to look at shapes and experimented with making different shapes out of coloured pop sticks this week.

On Tuesday we met up with our Year Three buddies for the first time. We will be meeting up with them again next Friday as they will be helping us to login to reading eggs for the first time.

Fr Emil came to visit today to read us a story and talk to us about how God made each of us special and unique. It was lovely to see Fr Emil in the classroom.

A reminder that each Wednesday the children's library books and bag need to be brought back to school. The library trolley will be placed on the veranda each Wednesday morning. Please place books on the top level and bags on the bottom level. Unfortunately, if the books and bags haven't been handed in the children will be unable to receive a new book until they are.

A reminder that Mrs Stanton will be there on Wednesday mornings to greet the children and help remind them how to unpack their school bags. Have a great week everyone!



*Mrs Rachel Wake, Kindergarten Teacher*

## PRE PRIMARY

Time is just flying by this term! I cannot believe we are approaching Week 6! This week is Wellness Week. We begin our mornings with quiet music and mindfulness colouring in and engage in mindfulness meditation after lunch.

In Numeracy we have been practicing counting and talking about what comes before and after in our numbers. Things you can practice at home is what number comes before 7?

What number comes next?

What number comes after?

This is just to build up their Mathematics vocabulary and understanding. We have also been focusing on 2D shapes. We have learnt to name and describe them.

For example, a triangle has 3 sides and 3 corners.

We have been talking about the importance of the Church family and the sign of the cross as part of our Religious program. The children are becoming very reverent during prayer which is lovely to see.

In Literacy, we have been looking at concepts about print, e.g., author, illustrator, reading left to right and talking about the story. We have been discussing our favourite part of the story and practicing our retell skills.

I have put a Parent Roster outside our classroom. Please note the times as they vary from day to day.



*Mrs Tania Preston, Pre Primary Teacher*

## YEAR ONE

We have been very busy in Year One.

In our numeracy lessons we are continuing to work on numbers to one hundred and locating these on a number line. We have begun looking at counting by 2's, 5's and 10's.

This week is Wellness Week therefore the children will only have reading homework. It is an opportunity for families to spend the time, that they would normally dedicate to homework and other school centred activities, to spend this time with each other. The children will be taking part in wellness activities in class throughout the week.

In our Religion lessons we talked about Lent being a special time in which we prepare for Easter and some of the kind and thoughtful actions we can do for others during Lent

*Mrs Gloria Edwards, Year One Teacher*

## YEAR TWO

Hello from a busy year Two. This week we are learning our months of the year and exploring the Australian seasons in maths. We are excited to extend our learning to the Calendar and how to read them. In Religion we are learning about the important ways we show respect in church, we have been practicing! In Science we are continuing to explore mixtures using observation and photos to record our findings. In Literacy we are exploring Folktales – how they are structured and where they come from, we have been surprised to learn a lot of our favourite stories are folktales. Year Two is also looking forward to meeting and learning with our buddy class Year 4 on Thursday, our first this year!

*Ms Danielle O'Donnell, Year Two Teacher*

# WAR ON WASTE LUNCHES – Thursday 4 March



## War On Waste Lunches

Thursday 4th March 2021

Our goal is to limit the amount of plastic and waste in lunchboxes by encouraging everyone to pack lunchboxes without plastic bags, glad wrap or plastics that need to be thrown out.

go  
green



## UNIFORM SHOP NEWS

### WINTER UNIFORM

Students in Year 1 to Year 6 commence wearing winter uniform in Term 2.

Year 1 and any new families who have commenced this year need to purchase winter uniform before the end of this term. Please note for Year 1 students there is no fitting roster appointments. Uniforms can be purchased directly at the uniform shop.

Winter orders may be placed now at the uniform shop and then be packed and ready for collection with payment later this term.

### RED SPORT SHORTS

Boys Red Microfibre Sport Shorts are available for Pre-primary to Year 6.

Shorts are available in Size 2 -16 and M, L & XL.

### DISCONTINUED RED RUGBY SHORTS

Boys Red Rugby Shorts are no longer available and are discontinued.

Red Microfibre Sport Shorts have replaced red rugby shorts.

Girls have the option to wear Microfibre shorts or may continue wearing Skorts.

If you have purchased Red Rugby Shorts you may continue wearing these shorts until the end of year.

### YEAR 6 LEAVERS SHIRT

Fittings have commenced this week for sizing. Parents are welcome to attend with your child to place an order. Orders need to be finalised by the 8th of March.

#### Uniform Shop Opening Hours

Wednesday 8.30am to 9.30am and Thursday 2.30pm to 3.30pm

*Mrs Angela Miola, Uniform Shop Manager*

## FATHERING PROJECT



For families who have registered for the Fathering Project, there will be a camp meeting on **Thursday 4 March at 5.15pm** in the Learning Centre.

For families who have not registered and would still like to participate, **it is not too late.**

You are asked to please attend the meeting.

# RSVP →

to Patrick King 0409 296 036 with: family name, number of adults and number of children **AS SOON AS POSSIBLE.**

Looking forward to seeing you all tomorrow. *Patrick King, Camp Co-ordinator*

## P&F NEWS



The Cadbury Easter boxes will be sent home with the eldest child on Friday 5 March 2021.

All money from the sale of the boxes and any leftover chocolates **MUST** be returned to the school office by Friday 26 March.

Thank you to the parents who have supported this fundraiser.

### CLASS REPRESENTATIVES

Thank you to the following Class Representatives who have kindly nominated for 2021. Your help is very much appreciated and we look forward to a successful community year.

|                     |  |
|---------------------|--|
| <b>Kindergarten</b> | Amanda Murabito, Anna Speranza                                   |
| <b>Pre Primary</b>  | Candace Romeo.   |
| <b>Year One</b>     | Elizabeth Fear, Cheryl Cappa                                     |
| <b>Year Four</b>    | Cheryl Cappa, Gabrielle Zonato                                   |
| <b>Year Five</b>    | Sarah Sabatino, Jacqui Tana                                      |
| <b>Year Six</b>     | Maria Lubieri, Leah Ferolla,<br>Johanna Carbone, Amanda Murabito |

Thank  
You!

Nominations are still required for Years 2 & 3. If you would like to nominate please fill out the form below, or if you have any queries, please see one of the P&F committee at school or email [pandf@stlawbal.wa.edu.au](mailto:pandf@stlawbal.wa.edu.au)

*Mrs Adele Cirillo, P&F President*

### NOMINATION FOR CLASS REPRESENTATIVE 2021

I \_\_\_\_\_ would like to nominate for the position of

Class Representative for Year \_\_\_\_\_

My mobile phone number is \_\_\_\_\_

My email address is \_\_\_\_\_

**Signed** \_\_\_\_\_

## CANTEEN NEWS



**Thank you** to my helper Leah F for her help on Thursday, very much appreciated.

If anyone can help on Thursday, even just for a couple of hours, please see canteen staff.

Birthday Specials - Brownie or Icy Pole \$15 or M & M cookie or Cupcakes \$20 for the whole class. Please pre order at least one day in advance.

*Christina, Fran and Antonella  
2021 School Canteen Staff*

