



Newsletter No. 16

9 June 2021

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.



The devotion to the Sacred Heart (also known as the Most Sacred Heart of Jesus) is one of the most widely practised and well-known Catholic devotions, wherein the heart of Jesus is viewed as a symbol of "God's boundless and passionate love for mankind". This devotion is predominantly used in the Catholic Church, and the liturgical Solemnity of the Most Sacred Heart of Jesus is celebrated the third Friday after Pentecost.

The 12 promises of the Most Sacred Heart of Jesus are also extremely popular.

The devotion is especially concerned with what the Church deems to be the long-suffering love and compassion of the heart of Christ towards humanity. The popularization of this devotion in its modern form is derived from a Roman Catholic nun from France, Saint Margaret Mary Alacoque, who said she learned the devotion from Jesus during a series of apparitions to her between 1673 and 1675, and later, in the 19th century, from the mystical revelations of another Catholic nun in Portugal, Blessed Mary of the Divine Heart Droste zu Vischering, a religious of the Good Shepherd, who requested in the name of Christ that Pope Leo XIII consecrate the entire world to the Sacred Heart of Jesus.

This Friday we will attend Mass to celebrate this wonderful day.

Inspiring Christ-Centre Leaders

Reports

Teachers use a variety of methods, tools and resources when allocating grades and forming judgments about your child's progress. At St Lawrence this includes anecdotal records, checklists, observation notes, records of test results both formal and informal, reflection sheets, diaries, rubrics and sample assessment items...just to name a few. This is to enable your child's teacher to make an informed judgment on their academic progress. We also attend moderation sessions with staff from St Denis and Our Lady of Lourdes to enhance teaching practice and opportunities for staff from different schools to moderate students work together to ensure cohesiveness and parity in assigning grades.

Teachers exercise their professional judgment when monitoring their students' progress and determining grades for reporting. This is all part of the Planning, Teaching, Learning and Assessment Cycle. The teacher will begin with student needs, looking at what they already know and what they need to know. They will then design learning opportunities and assessment strategies to monitor progress. The teacher will implement learning and teaching opportunities in the classroom and gather information during the term. Standardised tests are also employed to help gauge levels of achievements and to make suitable comparisons with other relevant data. Once the information has been gathered, the teacher will make a professional judgment after interpreting and analysing the information and will determine your child's academic achievement in the upcoming report.

Catholic Schools of Excellence

Catholic Schools through the Bishops' Mandate Letter recognise that parents are the first and most significant influence on your child's learning. At primary school, your continued involvement in your child's education is important so they can achieve the best possible learning results. It is well known that children with interested and involved parents do better at school.

While you may be involved in your child's learning at home, you can also contribute at school by joining the P & F, supporting in class activities, helping with less formal school activities e.g. excursions, school banking, canteen help etc. Being involved in the life of the school directly helps improve your children's social and learning outcomes. It is an investment of your time that pays very handsome dividends.

Catholic Pastoral Communities

LEARNING SELF CONTROL

All children need to learn self-control; it needs to be taught and reinforced. Children need to learn to deal with frustration and to control their disappointment when they do not get their own way or what they want. Managing these times can be very frustrating and challenging for parents, but there are positive and effective ways to help children learn self-control. Learning these skills in childhood certainly has significant benefits for us all as we navigate adulthood.

Children learn self-control when parents use effective discipline to manage misbehaviour that is consistent, immediate, and decisive. Set out below are several strategies that may assist in developing self-control within children:

1: Establish Clear House Rules:

Children require limits to learn what is expected of them and how they should behave. A few basic house rules that are fair and easy to follow are important to establish 'baseline' expectations. The rules should tell children what to do rather than what not to do. e.g., Speak in a pleasant tone, keep your hands and feet to yourself.

2: Rule Breaking Learning:

When a child occasionally forgets a house rule it is important that you use it as a learning opportunity. Discuss with your child why their actions are not appropriate or acceptable, then describing or getting your child to suggest the correct behaviour. The correct behaviour can then be practiced.

3: Deliberately Ignoring Some Misbehaviour:

Sometimes minor attention seeking behaviour is best ignored. The child does not get a reward for the behaviour. As soon as they stop the misbehaviour, reward them for doing this! This usually sends a very powerful message about what is acceptable and what is not. Of course, do not ignore more serious misbehaviour; act quickly and decisively.

4: Give Clear and Calm Instructions:

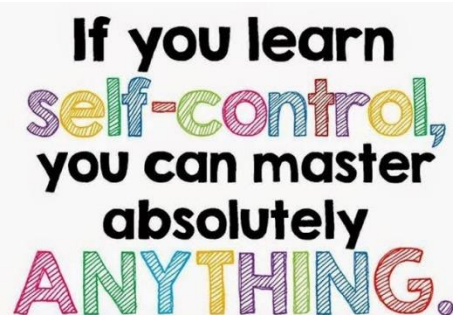
The way you give instructions influences whether children cooperate or not. The following steps are important:

- a) Get close and gain your child's attention.
- b) Tell your child what they are to do (John, it is time to come inside, please wash your hands.)
- c) Give your child time to cooperate (Pause briefly to give your child time. e.g. 5 seconds)
- d) Praise cooperation.
- e) Repeat the instruction, but only once!

5: Back Up Your Instructions with Logical Consequences:

If your child does not comply, then choose a consequence that fits the situation. Never threaten a consequence that you cannot follow up on or is too harsh for the circumstances.

The best day of your life is the one on which you decide your life is your own. No apologies or excuses. No one to lean on, rely on, or blame. The gift is yours - it is an amazing journey, and you alone are responsible for the quality of it. We all, each one of us, are responsible for our behaviour, and we sometimes make excuses or blame others, but in reality, we all choose our behaviour. It is best to help our children when they are young to develop the life enhancing skill of self-control.



**If you learn
self-control,
you can master
absolutely
ANYTHING.**

Accessible, Affordable and Sustainable

So be sure when you step, Step with care and great tact.
And remember that life's A Great Balancing Act.
And will you succeed? Yes! You will, indeed!
(98 and 3/4 percent guaranteed)
Kid, you'll move mountains!
-Dr. Seuss

God bless each and every one of you.



Sheldon Carey
M Ed, B Ed, Grad Dip
Principal



PASTORAL CARE

We pray for the needy and the poor, the homeless and those who are hungry. May those of us who have ample, always be mindful of our duty to share and help others who are in need. May we always share with others the plentiful fruits of our own bounty. We ask this in Christ our Lord.



HOME LEARNING TIP

Your Child's Teacher

Your child's teacher can provide advice about how you can help develop your child's literacy and maths skills. Some topics you could discuss with the teacher include:

- Your child's level of achievement on literacy and maths tasks.
- The goals your child is working towards in literacy and maths, and how you can support your child to achieve these.
- Strategies you can use to assist your child in areas that he or she finds difficult.

Your child's teacher is a highly qualified professional, unlike many professions, teachers keep learning and studying and taking on new research that comes to knowledge as educational, medical and scientific studies provide more information about the human brain and how we learn. This impacts pedagogical practices, what we know about the developing brain and how learning may be best supported.

Teachers strive to keep abreast of the impact of the new knowledge as it comes to hand. So, I strongly encourage you to talk to your child's teacher. Ask them how you can help, what you can do at home to support. To seek clarification regarding why the school or your teacher is doing something a certain way. For many of us the last time we were in a classroom learning was a significant number of years ago...things have changed... I can assure you all....So ask the questions, seek understanding and follow up on how you may be able to support at home. Our classrooms really are exciting and vibrant places of learning and studies.



FROM THE ASSISTANT PRINCIPALS

BISHOPS' RELIGIOUS LITERACY ASSESSMENT

At the request of the Western Australian Bishops, Year 3 and Year 5 students in Catholic schools across Australia will take part in the online Bishop's Religious Literacy Assessment commencing Wednesday 4 August. Students enrolled in Year 3 and Year 5 who are following a regular classroom program are expected to participate in the assessment. The online Practice test will take place in Term 3 in week 2.

Online Practice (Week 2)

- Year 5 – Wednesday 28 to Thursday 29 July
- Year 3 – Thursday 29 to Friday 30 July

Administration of the BRLA (Week 3)

- BRLA Year 5 – Wednesday 4 to Thursday 5 August
- BRLA Year 3 – Thursday 5 to Friday 6 August

SAFE SNEEZING

With the winter season upon us, it is timely to remind your children to cover their mouths and noses when they sneeze, to blow their noses and throw their tissues straight into the bin and also to wash their hands regularly. A good tip to stop the spread of germs is to teach your child to sneeze into the inside part of their elbow rather than into their hands. Thank you for keeping your child home if they are unwell.

SACRED SAINTS

Our Year Five and Six students will be versing St Denis on Thursday 10th June. We know that our students will represent St Lawrence with pride and will demonstrate good sportsmanship and competitive spirit.

YEAR SIX ASSEMBLY

On Friday 18th June the Year 6 students will be leading their last primary school assembly in the Hall. Year 6 parents are welcome to attend.

YEAR TWO LITURGY

The Year Two Liturgy will be held in the Year two classroom on Thursday 17 **June** commencing at 9am. The liturgy will only be for the students, staff and Father Emil.



RECONCILIATION NIGHT

We wish the Year 3 students good luck with their First Reconciliation on Wednesday 16th June at 6.30pm in the St Lawrence church. May God Bless the Year 3s as His love and forgiveness touches them as they receive the Sacrament of Penance.

SACRED HEART OF JESUS

The Sacred Heart of Jesus will be celebrated on Friday 11th June. The whole school will be attending the parish mass at 9am.

Miss Kathleen Tranquille & Mrs Gabrielle Brennan, Assistant Principals

SEMESTER ONE REPORTS

Semester One reports for students in Pre-Primary to Year Six will be available on SEQTA on **Friday 2 July** at 4pm. Families should have access to their electronic reports via SEQTA at <https://stlawbal.coneqt-p.cathednet.wa.edu.au> please bookmark this website to your favourites, if you have not already done so.

Please ensure that you are able to log in using your log in details. If you cannot log in, please follow the process below to create a new password. All Pre-Primary families who do not have an older child in the school and new families to the school will be sent a 'Welcome Email' this week to register for a SEQTA Engage account. Please contact the school office if you have any issues or queries.

1. Click on the "Forgot your password?" link
2. Enter your email address and click on reset my password
3. Go to your Email Inbox and reset your password according to the instructions in the email.

Please be aware that the password reset email will expire after 1 hour of being generated.

Mrs Gabrielle Brennan
Assistant Principal

YEAR THREE RECONCILIATION RETREAT



CLASS NEWS

PRE KINDY

We have been looking at some Amazing Animals in our Tiger Bag and have been practising using sentences to talk about them in front of our classmates. We urge all parents to encourage your children to speak in sentences at home.

Parents - you are to be commended for the lovely healthy food that you prepare for your child's snacks and lunch. We encourage the children to bring home any food that they cannot eat and we discourage them from throwing food into the scrap bowls – that way you should know exactly what your child has eaten during the day. Our school aims to be more sustainable and by providing the wonderful snack and lunch boxes you do – prevents unnecessary packaging and waste. Congratulations!!!! We also encourage children to sip water, so we ask for all children to only have water to drink as stated in our Pre Kindy handbook.

I would like to ask you to **“save the date”** - Term 3, Thursday Week 2, 29th August at 2pm in our school library. If one parent could please attend a brief meeting about a program we run with Take Home Story Books. At the conclusion of the meeting, you can collect your child to go home from the Pre Kindy class.



Mrs Kaylene Bozich, Pre Kindy Teacher

KINDERGARTEN

This week we are reading the big book *The Little Mouse, the Red Ripe Strawberry, and the Big Hungry Bear* by Don and Audrey Wood. We tasted strawberries and we made our own mouse from the story. We are focusing on storytelling and concepts about print. We are also continuing with learning about Rhyme and the beginning sounds in words. Like 'd-uck' the first sound in the word duck being the 'd'. The sounds we will focus on for the next two weeks are g, b, c/k and d. For Talk for Writing we are learning the story *Stuck in the Mud!* We are having fun following our story map and learning the actions to remember the sequence of the story. In religion we are learning about looking after God's world. We will be going on a 'wonder walk' to observe the environment. Keep warm and have a great week everyone!



Kindy class super excited to be the WOW Lunches Champions this term.



Mrs Rachel Wake, Kindergarten Teacher

PRE PRIMARY

The Pre Primary children have had a busy few weeks, the highlight of Wellness Week was when they got to spend time with their buddies! They absolutely love these special times and last week their buddies read them a story in the sunshine on the grassed area outside the office. Afterwards, they used chalk to draw their favourite part of the story on the pavement! The children were all engaged and the rich conversations between the Year 5 students and the Pre Primary children were priceless. It is so lovely to witness the children's faces light up during buddy time!



Yesterday our class visited the Church. The content covered in our Religious Education unit includes looking at how the Church family celebrates Jesus and try to live like Jesus by showing love and care for others. We looked at some of the symbols in the Church that remind people that the Church is a special holy place.

This week in Numeracy we are focussing on naming the days of the week in order and discussing what activities we do on certain days. We are also learning the relationship between, yesterday, today and tomorrow. Our Talk for Writing story is called Farmer Duck. You may like to encourage your child to retell the story at home as this will assist the children in their oral language skills.

Reminder: Please check the News Roster and the topic for week 8/9 - practice with your child at home so that they are fully prepared on their News Day.

Mrs Tania Preston, Pre Primary Teacher

YEAR ONE

Last week was Wellness Week. The children spent time each day in a variety of mindfulness activities. We also made a Gratitude Tree. In Numeracy the children have really enjoyed collecting data and using simple graphs to represent their information.

In Religion we have continued to focus on choices. The children listened to the Gospel story in which Jesus chose his special friends the Apostles.

Mrs Gloria Edwards, Year One Teacher

YEAR TWO

The Year Two Students enjoyed their Wellness Week last week with lots of fun, learning and relaxation.

We started off the week with 'Making Mindful Magic'. This involved some experiences that were technology-free, mostly about nature and igniting our creativity, as well as being in the present moment.

The class spent the week writing daily in their 'Feelings Journal', here they could express their own private thoughts or share them if they wished.

We listened to some 'Growth mindset' stories that promote to how to face challenges and setbacks. Lastly, we shared a Pilates session with our Year Four buddies.

The best part.... No homework!!!



Mrs Paula Christensen, Year Two Teacher



WOW LUNCHES was back yesterday and it was a great success. Thank you to all children, parents and guardians for their support in helping us fight the War On Waste and bringing in waste free lunchboxes.

As a school we only collected half a green bin of general waste and a bucket of food scraps (which Mrs Staltari's chickens enjoyed). Well done to the Kindy students who were our WOW Lunch Champions this term! Keep up the great work St Lawrence as we work together to reduce our waste.



*2021 Environment Group
Isabel, Jayden, Luka, Theo and Mrs Pizzino*

EXCITING NEWS

P&F MEETING

The last P & F meeting was very productive! I am proud to announce that we have made a commitment to the school over the next 12 months to raise funds to help contribute a significant amount towards the new play equipment in the early learning outdoor area. Our aim is to be able to contribute \$10,000 towards this exciting new project!

We are already halfway there as our Cadbury Fundraiser was a huge success – this is all **THANKS** to you, our incredible community! We plan to raise the rest of the funds through our upcoming events, such as the Quiz Night & Fun Run (dates tba) which will only be made possible with your continued support.

In other exciting news, a wonderful idea from Melissa Cumace was given to the P&F to create a **St Lawrence Primary School Recipe Book for 2021**. If you have any special family recipes that have been passed down from generation to generation, or perhaps you have created your own dish, please submit your recipes to pandf@stlawbal.wa.edu.au

To get as much variety as possible, feel free to send in more than one recipe, however please note, a limit of one recipe per family will be selected.

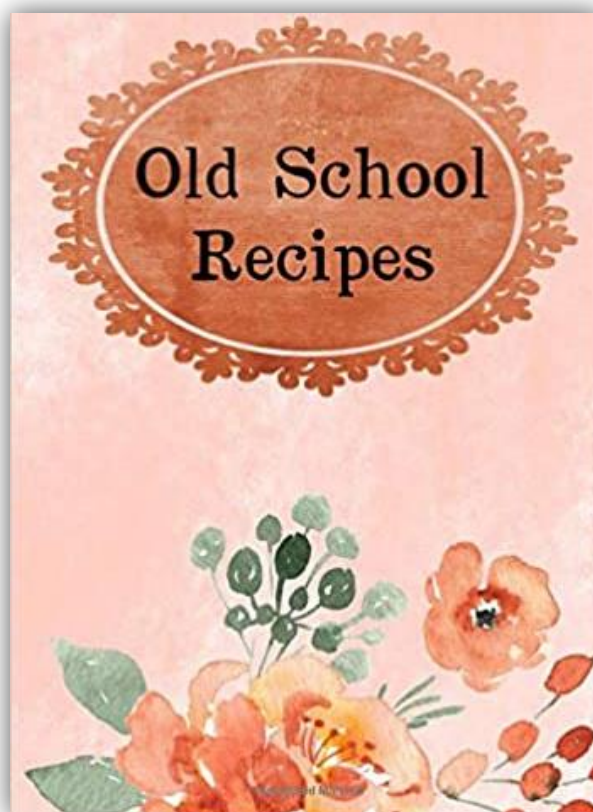
We would also love for the teaching and non-teaching staff to be involved and will dedicate a section especially to you!

Please be sure to include the following:

- Your full name, child's name and class (if you have multiple children, please include all names and year levels).
- Recipe Name.
- Ingredients (with measurements).
- Method (step by step instructions!).
- PICTURES! (These can be of the dish and/or of your family making the dish with Grandparents or any special people in your families lives!).
- If there is a significant story behind the dish and you would like to share your story, please send in a 100 word summary of why this dish is important to your family!

These will be made available for purchase during Term Four. They will make an excellent Christmas gift!

As always, thank you for all of your support!



SPORTS NEWS

What a busy time we have had in sport over the last couple of weeks. We have had Perth Glory coaches running clinics at school, Sacred Saints fixtures and our Year 6 Sports Captains running fitness sessions during Wellness Week. It's been a lot of fun!

Good luck to the students in Year 5 and 6 competing against St Denis tomorrow in their Sacred Saints matches. Keep up the fantastic turn out at morning running club!

Everyone is welcome, come and give it a try. *Mrs Claire Major, Physical Education Teacher*



Wellness Week

CANTEEN NEWS

THANK YOU to my helper last Thursday, Gina - much appreciated!

A reminder that in week 10 we are open Tuesday 22/6 and closed on Wednesday 23/6, due to the Sacred Saints carnival. Please use Wednesday menu for Tuesday.

LAST DAY OF TERM Friday 2/7 - lunch special - Sausage Sizzle and Juice Box \$5
Parents are asked to please pre order by Friday 25/6.



2021 Canteen Staff