



Newsletter No. 20

28 June 2023

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.



Loving Lord, thank You so much for holiday times and the wonder and excitement that they engender in all our hearts, and we just want to praise You for all the goodness and grace You generously pour out on us and all people, and specially we thank You for the many blessings we gained from the first semester at school. May we enjoy our holidays, spend time with loved ones and return to school renewed and refreshed.

Amen

This week we say farewell to our dear Marie Boyle. Marie joined St Lawrence Primary School in 1993. Marie has served diligently under five Principals, Mr Loney, Mr Barrett, Mrs Williamson, Mr Rose and myself. Marie also served as the Executive Secretary of the Catholic Primary Principal's Association. A role in which she excelled and became known to every Principal in the Catholic Education system. Marie is held in the highest regards by all those who have worked with her.

Dear Marie, congratulations on reaching this incredible milestone in your career! As you retire after 30 years of dedicated service, I want to extend my heartfelt well wishes to you. This is a momentous occasion that marks the culmination of your hard work, perseverance, and commitment.

Throughout the years, you have undoubtedly made a significant impact on your colleagues, our students and families of St Lawrence and the school as a whole. Your contributions and expertise have shaped the success and growth of St Lawrence Primary and have added to the outstanding reputation of our school and your dedication has been an inspiration to many.

Now, as you embark on this new chapter of your life, may it be filled with joy, fulfillment, and a well-deserved sense of relaxation. You have earned the opportunity to enjoy the fruits of your labour and explore new passions and interests.

May your retirement be filled with endless possibilities and adventures. May you have the freedom to pursue your dreams, spend quality time with loved ones, and create beautiful memories that will last a lifetime.

As you close this chapter, remember to reflect on the incredible accomplishments and milestones you have achieved throughout your career. Celebrate your successes and cherish the relationships and connections you have built along the way.

Thank you for your unwavering commitment, for your expertise, and for being an exceptional role model. Your legacy will continue to inspire others even as you enter this new phase of life.

Wishing you a retirement filled with love, happiness, good health, and countless joyful moments. May this next chapter be your most fulfilling one yet.

Congratulations, warmest wishes and all God's blessing to you.

*Con tutto il nostro amore e affetto
e le benedizioni di Dio.*

YEAR ONE

We farewell Mrs Deborah Hogg this week. Special thank you to Deborah for all her hard work and for bringing her many talents to the St Lawrence Community. The lives of our Year One children were enriched this term due to her creative teaching and her gentle demeanor with the children in her care. We will keep Deborah in our prayers.

Mrs Tania Preston will continue sick leave for the first four weeks of Term Three. Mrs Carnevali will provide relief during this time. God's blessings to Mrs Preston on her recovery.



In closing, can I thank everyone in our school community for their continued efforts to contribute to all that is St Lawrence Primary School! Term Two has been a full and busy one, and through everyone's hard work and organisation, our children's learning experiences have been wonderfully positive and industrious. When we combine our strengths and talents, we are able to provide a superb educational experience for our boys and girls and build a real sense of community for all families and staff here at St Lawrence.



Sheldon Carey
M Ed, B Ed, Grad Dip
Principal



PASTORAL CARE

We pray for all families as they embrace the coming holidays.

May rest and renewal be yours and may you all return safely for Term Three.



Our condolences to the McCullough family
on the passing of Luke's dear Nonna.

May she rest in peace. Amen

Learning at Home Tips.....

Key facts Healthy sleep means getting enough good quality sleep, and having regular sleep routines.

Sleep is essential for growth, immunity and learning, and is important for helping children heal and recover from illness and injury. Poor sleep is linked to mental health problems, poor growth and reduced school performance.

Why is sleep important for my child?

All children need sleep for growth, learning and development. Getting enough sleep is vital for your child's physical health, brain function, emotional wellbeing, safety, and ability to function day to day. Having a good night's sleep can help your child be happier, helps them to concentrate and remember things, and improves their behaviour.

Not having enough sleep or not sleeping well can affect how children learn and lead to mood swings, poor growth and behavioural problems.

How much sleep do children need?

The amount of sleep your child needs changes as they grow. Everyone is different, but as a guide, children need the following amounts of sleep every night:

ages 3 to 5: 10 to 13 hours (including naps)

ages 6 to 12: 9 to 11 hours

ages 13 to 18: 8 to 10 hours

Getting enough sleep is as important for your child as healthy eating and exercising. Here are some tips to help your child fall asleep, stay asleep and get enough good quality sleep:

Establish a sleep schedule: Make sure your child goes to bed early enough to get the sleep they need. Once you have set an appropriate bed time, stick to it — even on the weekend.

Establish a bedtime routine: Follow the same routine every day: bath or shower, change into pyjamas, brush teeth, read or spend quiet time in their bedroom, lights out and go to sleep.

Help your child wind down: Busy children need some time to relax. Consider playing soft music or reading to them.

Make sure the bedroom is suitable for sleep: Ensure the bedroom is dark and quiet. If your child is anxious or afraid at night, use a night light.

Avoid stimulants: Make sure your child avoids tea, coffee, chocolate and sports drinks, especially in the afternoon.

Turn off technology: Try turning off computers, tablets and television one hour before bedtime to help your child sleep better.

MESSAGE FROM MARIE BOYLE

Dear St Lawrence School Community

As I sit and produce my final newsletter, memories and a feeling of melancholy begin to flood back!

Being a member of this community has been an amazing journey over 30 years, commencing with the enrolment of my two children.

Working in my role over the years it has been an honour to be part of a strong and supportive school community. I have had the privilege over time of seeing students who have left St Lawrence, returning to the school as parents and parents becoming Grandparents. Observing firsthand this cycle of generations at St Lawrence fills me with a deep sense of pride and joy.

I sincerely thank you all for all the positive interactions I have had over the years. I will hold dear all the special moments and memories and will always remember each and everyone of you.

To our P&F Association, and in particular present and past Executive Members, who have shown true dedication and brought many benefits to the school, what a pleasure working with this awesome group of achievers.

My respect, great thanks and admiration to past Principals I worked with – Martin Loney, Martin Barrett, Margaret Williamson and John Rose.

The last phase of my career has been under the Principalship of Sheldon Carey. It has been an honour and a most rewarding enjoyable period seeing his professionalism and dedication. I sincerely thank Sheldon for his trust, encouragement and support shown to me.

To the Assistant Principals past and present. With admiration, I sincerely thank Gabrielle Brennan and Kathleen Tranquille. It has been a great pleasure working with you both.

With hand on heart, I farewell my friends, the talented teachers, support and administration staff. I have enjoyed, admired and will always remember these dedicated educators.

My very best wishes that this wonderful school and community will continue to flourish under the leadership of our Principal, Sheldon Carey and the direction of the School Advisory Council.

*It's not goodbye,
it's until we meet
again.*

Marie



FROM THE ASSISTANT PRINCIPALS



NAIDOC DAY

On Thursday 29th June we will be celebrating NAIDOC day. NAIDOC week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

On that day children will be permitted to come to school wearing colours of either the Aboriginal or Torres Strait Islanders flags (red, yellow, black or white, green, blue).

The Student Leaders will begin the day's activities with a NAIDOC prayer service.

ACCESSING REPORTS

Semester one reports will be available on SEQTA on Thursday 29 June. Most families should have access to electronic reports via SEQTA at <https://stlawbal.engage.cewa.edu.au/>

All Pre-Primary families who do not have an older child in the school and new families have been sent a 'Welcome Email' to register for a SEQTA Engage Account. Existing families with a current account should check that they can log in prior to Thursday 29 June. If you are unable to log in, please follow the process below to create a new password. Please contact the school office if you have any concerns or queries.

1. Click on the "Forgot your password? Link
2. Enter your email address into the relevant box and click on "Reset my password"
3. Go to your email inbox and reset you're your password according to the instructions in the email.

Please be aware that the password will expire after one hour of being generated.

PUPIL FREE DAY

On Friday 30th July children will not be attending school since it is a Pupil Free Day. Teachers on the other hand will be involved in a Professional Development Day. Renae King from the Catholic Education office will be helping us extend our Numeracy knowledge.



25th July	Pre-Primary Reading Workshop 8.45-9.15am
26th July	CEWA Religious Education Practice Assessment Year 3 and 5 Kindy Take Home Story Books 2.20-2.40pm Eucharist Parent Meeting 7pm
27th July	Pre-Kindy Parent Take Home Story Books 2pm

TERM DATES

TERM TWO will end on Thursday 29 June

Friday 30 June – STUDENT FREE DAY

TERM THREE – Monday 17 July

End of Term Three – Thursday 21 September



*Ms Kathleen Tranquille & Mrs Gabrielle Brennan,
Assistant Principals*

ITALIAN NEWS

Buongiorno a tutti, The Year 4 class wish everyone

“Buone Vacanze (Happy Holidays) e Buon Divertimento!”



*God Bless Everyone,
Signora Jenny Acquarola*



UNIFORM SHOP NEWS

WINTER UNIFORM

Students in Year 1 to Year 6 return back to school in Term 3 in their Winter Uniform.

Parents, please note that the last day the uniform shop will be opened this term is Thursday 29 June 2.30pm to 3.30 pm.

The uniform shop will be closed during the school holidays and will be re-open on Wednesday 20 July 8.30am to 9.30 am.

Please do not hesitate to contact me on Angie.miola@cewa.edu.au for any enquiries. Winter Price Lists are available on the school's website and from the school office.

Uniform Shop Opening Hours:

Wednesday 8.30am to 9.30am & Thursday 2.30pm to 3.30pm.

*Wishing everyone a safe and happy holiday.
See you all in Term Three*

Mrs Angie Miola, Uniform Shop Manager

P&F NEWS

CLASS REP NEWS

Year Two Catch-up and a most enjoyable outing had by all.

HAPPY
Holidays



Enjoy the school holiday time with family and friends and see you in Term Three.

Mrs Natasha Raso, P&F President

CANTEEN NEWS

BIG THANK YOU to my helpers last week Andrea and Fiona R, very much appreciated. Thank you also for this week's help to Carmellina, Andrea S, Luisa P and Sarah S. Your help is always appreciated.

REMINDER tomorrow is the last day of term and 'specials only' and pre-ordered: Sushi or Sausage sizzle. There will be no other items sold on this day.

RECESS will be as per normal.

Our wishes to you all for a wonderful holiday.

Canteen Staff

COMMUNITY NEWS



SAVE THE DATE
2024 Year 7 Orientation

A white line-art illustration of five people walking in a line. From left to right: a woman in a dress, a woman in a dress carrying a bag, a man in a suit, a man in a suit, and a woman in a dress.

Friday 3 November 2023
Students only - 9.00am to 3.00pm

Saturday 4 November 2023
Students, Parents and Caregivers - 9.00am to 11.30am

It's never too early!

A photograph of two young boys in school uniforms looking at a tablet together. The boy on the left is pointing at the screen, and the boy on the right is looking at it with interest.

Year 7
2026 + 2027
APPLICATIONS OPEN

servite.wa.edu.au/enrolments
2024 AT CAPACITY. 2025 FILLING QUICKLY