



Newsletter No. 8

5 June 2024

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.



“And here the first word that I wish to say to you: joy! Do not be men and women of sadness: a Christian can never be sad! Never give way to discouragement! Ours is not a joy born of having many possessions, but of having encountered a Person: Jesus, in our midst.”

— Pope Francis, **The Church of Mercy: A Vision for the Church**

Inspiring Christ-Centred Leaders.

Next week as part of the ongoing commitment of Catholic Education to excellence, our school and myself will be reviewed by a panel of CEWA staff. They will be interviewing staff, parents, community members, and children.

They will look at the effectiveness of our education programme, pedagogy, management of our school in general, our compliance with regulations, pastoral care, and our ability to fulfill the bishops' mandate.

At the completion of the four day review process, I will receive a report on our school including any feedback and areas we may need to focus on. This is also a part of the principal's contract and is required as part of the process to maintain my employment.

Catholic Schools of Excellence.

Catholic Pastoral Communities.

LEARNING SELF CONTROL

All children need to learn self-control; it needs to be taught and reinforced. Children need to learn to deal with frustration and to control their disappointment when they do not get their own way or what they want. Managing these times can be very frustrating and challenging for parents, but there are positive and effective ways to help children learn self-control. Learning these skills in childhood certainly has significant benefits for us all as we navigate adulthood.

Children learn self-control when parents use effective discipline to manage misbehaviour that is consistent, immediate, and decisive. Set out below are a number of strategies that may assist in developing self-control within children:

1: Establish Clear House Rules:

Children require limits to learn what is expected of them and how they should behave. A few basic house rules that are fair and easy to follow are important to establish 'baseline' expectations. The rules should tell children what to do rather than what not to do. e.g., speak in a pleasant tone, keep your hands and feet to yourself.

2: Rule Breaking Learning:

When a child occasionally forgets a house rule it is important that you use it as a learning opportunity. Discuss with your child why their actions are not appropriate or acceptable, then describing or getting your child to suggest the correct behaviour. The correct behaviour can then be practiced.

3: Deliberately Ignoring Some Misbehaviour:

Sometimes minor attention seeking behaviour is best ignored. The child does not get a reward for the behaviour. As soon as they stop the misbehaviour, reward them for doing this! This usually sends a very powerful message about what is acceptable and what is not. Of course, do not ignore more serious misbehaviour; act quickly and decisively.

4: Give Clear and Calm Instructions:

The way you give instructions influences whether children cooperate or not. The following steps are important:

- a) Get close and gain your child's attention.
- b) Tell your child what they are to do (John, it is time to come inside, please wash your hands.)
- c) Give your child time to cooperate (Pause briefly to give your child time. eg. 5 seconds)
- d) Praise cooperation.
- e) Repeat the instruction, but only once!

5: Back Up Your Instructions with Logical Consequences:

If your child does not comply, then choose a consequence that fits the situation. Never threaten a consequence that you cannot follow up on or is too harsh for the circumstances.

The best day of your life is the one on which you decide your life is your own. No apologies or excuses. No one to lean on, rely on, or blame. The gift is yours - it is an amazing journey, and you alone are responsible for the quality of it. We all, each one of us, is responsible for our behaviour, and we sometimes make excuses or blame others, but in reality, we all choose our behaviour. It is best to help our children when they are young to develop the life enhancing skill of self-control.

Accessible, Affordable and Sustainable.

HEALTH AND HYGIENE

All staff, students and visitors to the school have a responsibility to protect themselves and others from COVID-19. This may be achieved through ongoing promotion of good hygiene practices:

- Staff, students and visitors should stay home when sick.
- Covering mouth / nose when coughing or sneezing.
- Washing hands regularly for 20 seconds with soap and water.
- Utilising alcohol-based hand sanitiser / wipes throughout the day.
- Practices to reduce direct contact should be considered, particularly over winter.

Thank you all for promoting good health and hygiene practices. We all reap the benefits.

God bless each and every one of you.



**Mr Sheldon Carey. M Ed, B Ed, Grad Dip
Principal**



It is often the small steps, not the giant leaps, that bring about the most lasting change.

Queen Elizabeth II

Learning at Home Tips.....

Your Child's Teacher

Your child's teacher can provide advice about how you can help develop your child's literacy and maths skills. Some topics you could discuss with the teacher include:

- Your child's level of achievement on literacy and maths tasks.
- The goals your child is working towards in literacy and maths, and how you can support your child to achieve these.
- Strategies you can use to assist your child in areas that he or she finds difficult.

Your child's teacher is a highly qualified professional, unlike many professions, teachers keep learning and studying and taking on new research as educational, medical, and scientific studies provide more information about the human brain and how we learn. This impacts pedagogical practices, what we know about the developing brain, and how learning may be best supported.

Teachers strive to keep abreast of the impact of the new knowledge as it comes to hand. So, I strongly encourage you to talk to your child's teacher. Ask them how you can help, what you can do at home to support. To seek clarification regarding why the school or your teacher is doing something a certain way. For many of us, the last time we were in a classroom learning was a significant number of years ago...things have changed... I can assure you all. So ask the questions, seek understanding, and follow up on how you may be able to support at home. Our classrooms really are exciting and vibrant places of learning and studies.

PASTORAL CARE

We pray for the needy and the poor; the homeless and those who are hungry. May those of us who have ample, always be mindful of our duty to share and help others who are in need. May we always share with others the plentiful fruits of our own bounty.

We ask this in Christ our Lord.

Amen.



FROM THE ASSISTANT PRINCIPALS

LIFELINK CAKE STALL

Just a reminder that on **Monday 10 June** our school will be having a Cake Stall to raise funds for LifeLink Agencies. We kindly ask families of students in Years 3, 4, 5, and 6 to donate cakes, slices, or biscuits for this worthy cause.

Please bring your baked goods to school on Monday morning (10 June) and place them on the Learning Centre bench top. Remember to ensure that all items are nut-free.

Children from Pre-primary to Year 6 will be able to purchase these treats during recess and lunch.

Thank you for your support!

ASSEMBLY

The Year 4 assembly is scheduled for **Friday 7 June**. All parents are welcome to attend.

SCHOOL PHOTOS

This year the school has decided that school photos will only be available to order online.

The benefits of being online:

No need for envelopes to be returned to the school office
No cash on school grounds or children's bags
Easy order tracking and record keeping
18 different backgrounds to choose from for no additional cost.

To order your school photos:

1. Go to www.photohendriks.com.au
2. Click on 'Order School Photos'
3. Enter your Access Key
4. Enter your email address
5. Follow the directions

Individual and Family Photos can be ordered with the same access key.

Photo Hendriks flyers with instructions and access key code were sent home last week.

The Pre-Kindy class will have their photos on **Thursday 13 June**.

Kindy to Year 6 classes will have their photos taken on **Friday 14 June**.

Children from Year 1 to 6 will need to be in their full winter uniform with their school jumper (no vest).

Year 6 students will wear their leavers jacket for their graduation photos only.

Children with long hair must have their hair tied up with blue or white accessories.

Pre-Primary will need to wear their sports uniform.

Thursday 13 June			
Class	Number of students	Class Group	Individual Portraits
Three Year Old Kindergarten	11 (Maybe 15)	10.10 – 10.30am	10.30 - 10.50

Friday 14 June				
Class	Number of students	Class Group Location: School Hall	Individual Portraits Location: Meeting Room	Year 6 Student Helpers
Staff Group Photo	~30	8.00 - 8.15am	8.15 – 8.45am	
Year 2	29	8.45 - 9.05am	9.05 – 9.25am	
Kindergarten	30	9.05 – 9.25am	9.25 – 9.45am	
Year 1	29	9.25 – 9.45am	9.45 – 10.05am	
Pre-primary	28	9.45 – 10.05am	10.05 – 10.25am	
Year 3	28	10.05 – 10.25am	10.25 – 10.40am	
RECESS 10.40 – 11.00am				
Year 4	27	11.00 - 11.20am	11.20 - 11.50am	
Year 5	29	11.20 - 11.40am	11.30 - 11.45am	
Year 6 (shirt and ties)	27	11.40 – 11.55pm	NA	
Year 6 Graduation (Leavers jacket)	27	11.55 – 12.05pm	NA	
		Location: Undercroft	Year 6 Portraits 12.05 - 12.25pm	
Student Leaders	4	12.05 – 12.10		
Captains: Red / Green / Blue / Yellow	4x2	12.10 – 12.25		
Captains: Sport	8	12.25 – 12.30	Siblings 12.25 - 12.40pm	
Environment Leaders	4	12.30 – 12.35		
Faith Leaders	4	12.35 – 12.40		
LUNCH 12.40 – 1.20pm				
Sibling Photos 1.20 – Until finished.				

*Ms Kathleen Tranquille & Mrs Gabrielle Brennan
Assistant Principals*

2025 FATHERING PROJECT CAMP



The Fathering Project Camp will be held on the weekend of March 14 & 15, 2025. Currently, there are a few spots left. If you are interested in joining in the fun, next year, please call or text Marcello on 0417 514 224 to organise full payment.

UNIFORM SHOP NEWS

WINTER SKIRTS

Our ordered Size 2 Winter Skirts have come in today. Please come and see me in the Uniform Shop tomorrow if you are in need of one.

**Uniform Shop Opening Hours:
Thursday 8.00am to 10.00am**

Enquiries: michelle.seragusana@cewa.edu.au

*Mrs Michelle Seragusana
Uniform Shop*

CANTEEN NEWS

QUICKCLIQ

A reminder when placing orders on Quickcliq, to ensure you receive the confirmation email as occasionally there are orders not going through.

LAST DAY OF TERM

End of term special - Friday 28 June:

Sausage Sizzle & Juice \$5

Or

5 piece Sushi and Juice \$7

Varieties - Katsu Chicken, Vegetarian (GF), Teriyaki Chicken (GF), or Tuna (GF)

Please order online via Quickcliq by Wednesday 26 June

Any questions, please do not hesitate to ask.

Christina and Fran - Canteen Staff

**Last day
of term
28th June**

5 piece Sushi and
juice \$7
Katsu Chicken
Teriyaki Chicken
(gluten free)
Cooked Tuna
(gluten free)
Vegetarian
(gluten free)

Or
**Sausage sizzle &
Juice \$5**

**Order via
Quickcliq now
until
Wednesday
26/6**

PIC-COLLAGE

P&F NEWS

FACEBOOK GROUP

You should have been informed by your class rep that we have a private Facebook group for P&F News. Please ensure you join this group to avoid missing out on any important information.



BBQ NEEDED

We are looking at upgrading the school BBQ. If you know of someone who is upgrading their own BBQ and the old one is in good condition, please let us know.

Mrs Natasha Raso, P&F President