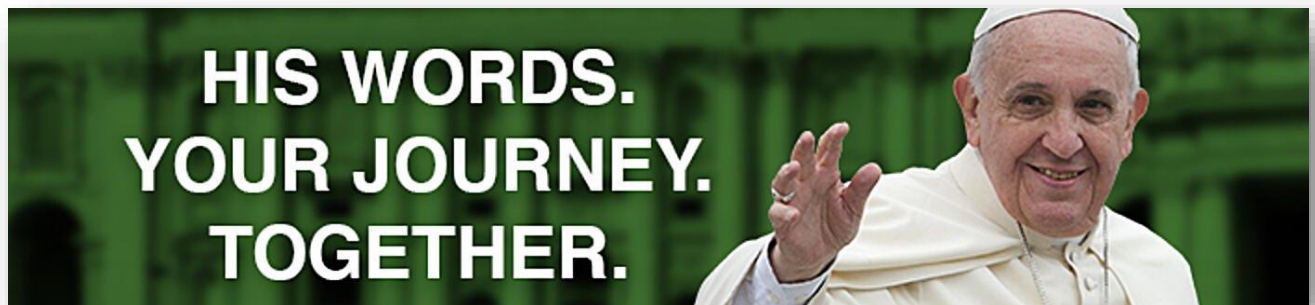




Newsletter No. 14

26 May 2021

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.



“One must learn to always walk. True progress in spiritual life does not consist in multiplying ecstasies, but in being able to persevere in difficult times: walk, walk, walk on.... and if you are tired, stop a bit and then start walking again. But with perseverance.”

Pope Francis

Memorial of the Blessed Virgin Mary, Mother of the Church

Psalm 87

Glorious things are told of you, O city of God.

His foundation upon the holy mountains
the LORD loves:

The gates of Zion,
more than any dwelling of Jacob.

Glorious things are told of you, O city of God.

Glorious things are said of you,
O city of God!

And of Zion they shall say:

“One and all were born in her;
And he who has established her
is the Most High LORD.”

Glorious things are told of you, O city of God.

They shall note, when the peoples are enrolled:

“This man was born there.”

And all shall sing, in their festive dance:

“My home is within you.”

Glorious things are told of you, O city of God.

Inspiring Christ-Centre Leaders

Wellness Week will take place in Week Seven of this term. The following Holy Scripture quotes remind us all the importance of rest, sabbatical, fallow times. These were important concepts of Biblical times and Jesus himself was very aware of the importance of rest, time to rejuvenate, renew, and revitalize.

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.”

Leviticus 25:3-4

³ For six years you shall sow your field, and for six years you shall prune your vineyard and gather in its fruits, ⁴ but in the seventh year there shall be a Sabbath of solemn rest for the land, a Sabbath to the Lord. You shall not sow your field or prune your vineyard.

The purpose of Wellness Week is to give everyone, students, families and staff, an opportunity to slow down and take time to focus on our mental health and wellbeing. During this week no homework is to be given to students, families will be encouraged to take this opportunity to spend time with each other, visit grandparents, go walking, have a midweek picnic, spend time in prayer and generally spend quality time together and downtime to reboot our mental health.

As Reading is not homework, just something we should always be doing, please ensure you all continue your home reading....as I have said before why not start a family book club night and spend time sharing your reading! Friday is a student free day during wellness week. Maybe time for a special family day. I know we are all busy, but perhaps you can coordinate your family calendars and spend this time together and make it a special family day....just a thought!

Personal wellness is always a serious matter, and each individual is responsible for our own wellbeing, but as a school we can put structures into place that may support and enhance the opportunities for improved wellness and wellbeing.

Catholic Schools of Excellence

On Friday 4th June all staff will participate in a special day of retreat and study. The staff will be looking at Church History and the Morality of Decision Making. The content helps all staff in their understanding of our Catholic Church, the Mission of the Church and Jesus Christ and the impact this can have on the morality associated with making decisions. These days form part of the employment requirements for all staff in Catholic schools to continue their studies and participate in Accreditation Courses designed to support development of staff knowledge and offer faith formation opportunities. This day is one of our designated “Student Free Days”.



Catholic Pastoral Communities

Every Catholic School must have an Evangelisation Plan, the Evangelisation Plan addresses three areas: staff, students and community. The Evangelisation process contains a number of essential elements.

They are:

- The Christian Vision of the Human Person
- Christian Witness
- Primary Proclamation
- Catechesis

These four essential elements of Evangelisation start in the family and Parish and find expression in the Catholic school. The Evangelisation Plan offers experiences in a Catholic school for building and nurturing of faith in our community.

What is Evangelisation? To evangelise is to be willing to share the good news about God with others. The Holy Father explained that Evangelism is “to serve men and women by revealing to them the love of God made manifest in Jesus Christ” (Mission of the Redeemer 42). Evangelisation is about taking the risk to care for all people, inviting them to share in a Christian community in which they come to know God more fully, and in which they form a deeper relationship with God, so God becomes central in their lives. Evangelisation is an activity of faith, built upon the power of the Message. It achieves its purpose gradually for people need to accept the Message for it to have its full effect.

Evangelisation takes place through: Witness-being a Christ-like presence giving Christ like love in actions and words (Mandate Letter, p.10) ° Ministry of the Word-which uses words to proclaim the Good News in the same way as Jesus did (Mandate Letter, p.10)

The General Directory for Catechesis provides an understanding of different ways or processes that should be used in the evangelisation process, according to the different faith stages of those to be evangelised. Given that our mandate is evangelising within Catholic schools it is appropriate that we consider the faith context that our children occupy, that is if we are called to evangelise the students at St Lawrence, we need to be aware of their needs in order to determine the appropriate responses to those needs.

What are the religious realities of the world in which our students live in relation to:

- ☐ The community
- ☐ The parish and school
- ☐ The family

The realities are that students:

- ♣ Live in an increasingly secular society
- ♣ Come from family backgrounds which may have various levels of interest in religion
- ♣ Have little or no contact with the Parish outside school
- ♣ May have little or no contact with the sacraments outside school

Our Evangelisation Plan helps the school to evangelise the Mission of the Church and the Truths of Jesus Christ. It is embedded in our day-to-day actions, our relationships, our responses to people and circumstances, situations and environments. It encompasses the entire school, in not only the affective domain but also the appearance of the school. Does our school look like a Catholic School, are signs and symbols present that this is a Catholic Community. This forms part of our mission, the evangelisation of the Truth of Jesus Christ.

Dear Parents, Boys and Girls and Community Members

It is with a tear in my eye I write to inform you all that Mrs Adelaida Baker has tendered her resignation, effective as of the end of this term.

Adelaida has been an incredible member of our St Lawrence Team for many years. Her service to Catholic Education and the Bishops of Perth has been faultless and her dedication to our children incredible.

I personally have had great joy in working closely with Adelaida and seeking her wise counsel. Adelaida has worked in many different areas of our school and always to the highest standards and enthusiastically undertaken every task. Adelaida has always worked closely with all her peers and through her dedicated work in the Rainbows Programme, built wonderful relationships and connectivity with many children. Adelaida is one of those rare and beautiful individuals who come into our lives and bring much peace and happiness.

On behalf of the School Advisory Council, the School Leadership Team and all the staff we thank Adelaida for her dedication and service. Blessings and gratitude to you Adelaida and know your kindness, dedication and undying enthusiasm has enriched the lives of all you have touched.

God bless and may you always walk under the protective mantle of Our Lady.

Accessible, Affordable and Sustainable

A reminder again as we embrace the Winter Season, that children must be kept home when they are unwell. This is also the stringent requirements mandated in line with the COVID-19 restrictions and regulations. Sending sick children to school only helps pass on infections and spread the bugs even more. A sick and unwell child will not learn at school, they will not suddenly get better the moment they walk into school and they will spread infection. Please ensure you support our community by keeping unwell children at home. If a child presents at school unwell, they will be sent home for appropriate care and attention. When children are away a simple written note/email is required for audit and attendance record purposes and if extended over a few days a medical certificate is required. Thank you to all the wonderful families who follow these requirements. It is highly appreciated.

The greatest day in your life and mine is when we take total responsibility for our attitudes. That's the day we truly grow up.

John C. Maxwell

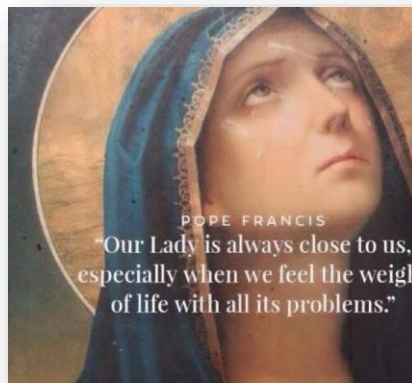
God bless each and every one of you.



Sheldon Carey
M Ed, B Ed, Grad Dip
Principal



PASTORAL CARE



HOME LEARNING TIP

Some handy hints to keep your children active

Organise some physically active time for your children, thus encouraging them away from their digital and online worlds. Playing physical games improves skills including balancing and coordination and enhances core strength.

Some simple activities include walking the dog, helping in the garden, and playing sports involving throwing and catching balls, which improves hand eye coordination. Any activity which raises the heart and breathing rate is a benefit to health.



Helping children strengthen their core strength is very important. Some studies have shown that our younger people today are lacking in core body strength due to inactivity and long periods of time sat in front of computers, not being outside climbing trees, running up hills etc. One more possible benefit of having our children "moving:" is the opportunity for Mum and Dad.

You can find your thirty minutes a day too! While spending quality time as a family.

FROM THE ASSISTANT PRINCIPALS

SACRED SAINTS

Our Year Five and Six students will be versing St Gerard's on Friday 28th May. We know that our students will represent St Lawrence with pride and will demonstrate good sportsmanship and competitive spirit.

SORRY DAY

On May 26, Australians come together to commemorate Sorry Day, the anniversary of the historic Bringing Them Home report and the Stolen Generations apology. Ceremonies, marches, speeches and presentations are held around the country to commemorate Sorry Day, the day on which Australians express regret for the historical mistreatment of Aboriginal people.

WELLNESS WEEK

Wellness week provides a wonderful opportunity for us to focus on both individual and whole school wellbeing. A healthy state of wellbeing enables young people to successfully overcome difficulties and achieve their true potential. Feelings of wellbeing are fundamental to our overall health. Next week students and staff were encouraged to be mindful, connect, reduce stress, socialise, reflect and improve their wellbeing.



The LifeLink organisation was established by the Archdiocese of Perth in 1994 to provide for the ongoing financial and promotional support of agencies established or assisted by the Church. LifeLink's agencies deliver

professional services and support to thousands of people in need throughout Western Australia each year.

LifeLink Day 2021 will officially be launched on Wednesday 2 June during Wellness Week. Two of our Faith leaders: Daniel R.B and Chiara D. C will accompany Mrs Brennan and Miss Tranquille to attend the launch at Newman College.

LifeLink Day provides a wonderful opportunity for students attending Catholic schools within the Archdiocese of Perth, to join together to show their collective support for the many Church social service agencies – agencies which on behalf of us all, reach out to provide practical care and direct assistance to thousands of people in need within the community.

SCHOOL PHOTOS

Kindy to Year 6 and family photos were taken today. Thank you to all parents for organising their children. Pre-Kindy photos will be tomorrow at 10.30am

RECONCILIATION REMINDERS

Reconciliation Parent Night will be held tonight at 7pm in the school hall. At the beginning of the meeting parents will be able to book their **Family Workshop** session time slots. The two available times are 5.30pm and 7pm. The workshop will be on Wednesday 2nd June in the School hall.

PUPIL FREE DAY and PUBLIC HOLIDAY

Friday 4 June is a pupil free day

Monday 7 June is the WA Day public holiday

Miss Kathleen Tranquille & Mrs Gabrielle Brennan, Assistant Principals

CLASS NEWS

PRE KINDY

AMAZING ANIMALS – we are looking at all different creatures that are nice and furry or soft with feathers or ones that have very different body coverings. We have some fabulous toys and activities to keep our little ones occupied.

The children seem to especially like to sing along with all our songs on our white board – they are always very happy to join in – Gummi Bears, Dance Monkey and Baby Shark are very popular! The children continue to follow all routines very well.

Hopefully, with the colder weather upon us, we will still be able to enjoy our outdoor play if there are some sunny days. If the weather is not kind to us, we try to go for a walk around the school to get some fresh air and exercise or try some Gross Motor Skills in the under covered area.

Sometimes we will visit the Library to look at some of the lovely books that Mrs Stanton and Mrs Frenzel have.

Tomorrow is photo day – please remember to bring along the photo envelope to class.

Mrs Kaylene Bozich, Pre Kindy Teacher

KINDERGARTEN

We have been using the Talk for Writing approach in Kindy this term and I must say the children are really enjoying it! This approach in the early years is used to inspire young children's language development through story telling. The children have enjoyed using our story map on Mr Wiggle and Mr Waggle to innovate their own character in the story and put their own spin on it. This week we enjoyed dressing up in costumes and acting out our stories in small groups.

Our sounds are z and f this week and p, t, g and b next week. Another focus is on oral language and encouraging the children to speak in full sentences and use eye contact. We will be practicing these skills this term and next term when we begin a news roster. When your child is talking to you or you ask them questions, encourage them to answer in a full sentence.

Cutting skills is another focus this term so please give your children many opportunities to cut at home. Give them scrap paper, leaves, foam, magazines or play dough to snip away at (use your imagination)

In Numeracy we continue to focus on patterning and number.

This week we used pop poms to make flower patterns!



*Mrs Rachel Wake,
Kindergarten Teacher*

PRE PRIMARY

It was lovely to see all the parents who were able to come into the classroom last Friday to witness the learning journey your child has been on so far in Pre Primary. The children were so excited to showcase all their hard work. If you were unable to make it last Friday, feel free to email me to arrange a different time.

Our Religion unit over the next few weeks will further explore the concept of belonging. The children will learn how people make friends and that Jesus always welcomed all people to be his friends. In Literacy, we have been working hard at reading simple three letters words. We are also having a go at sounding out words independently during the writing process. The children will use the language of weight when comparing objects on a balance scale during our numeracy activities. We will also be focusing on counting forwards and backwards to develop our number sense and saying what number comes before and after a number. A concept you could practice at home with your child.

In Health this term we have covered many different feelings we may have depending on the situation. This week we have discussed being 'bossy' and the importance of listening to your friends. We are learning all about teamwork, compromise and sharing. A reminder that next week 4th June is a Pupil Free day.

Mrs Tania Preston, Pre Primary Teacher

YEAR ONE

A reminder that if your child is doing running club on a Tuesday or Thursday morning that it is a good idea to send them to school with an extra pair of socks. Sometimes the children are returning to class with wet socks that they cannot stay in, especially when it is cold.

The children enjoyed National Simultaneous Story time where they listened to Mr Carey read the Story "Give Me Some Space." by Ricahrd Bunting Thank you to Mrs Stanton and Mrs Frenzel for organising this for the children and helping them to make their special space helmets.

Last week we had Mr Benjamin Saulsman and Mrs Mistel Moore from CEWA visit our classroom.

We took part in some very engaging numeracy activities on place value and estimation using the Launch, Explore, Summarise maths model. We have some wonderful mathematicians in Year One. This week we begin our new religion topic Reconciliation in this unit we explore choices. We recognise that some choices are easy to make and some are difficult. When we make choices that are loving we become closer to God.

Last Friday afternoon we spent some time with our Year 6 buddies. We always love to see our buddies and spend time with them. As we are in the month of May they helped us to make paper flowers to decorate our prayer altar for Mary.



*Mrs Gloria Edwards,
Year One Teacher*

YEAR TWO

We are sailing in Year Two!!

Our class mat area has been a topic of conversation. It's not a circle, not a rectangle and not a square. So, what did we call it? Our clever student, Luke Caruso, came up with... 'The learning Ship' and so it has been named. Of course, Mrs Christensen is the Captain the Year Two class, and her students are the crew!!! Lots of Learning has been happening together in our Learning Ship.

Health is one of the Year Two's favourite subjects and students have been exploring the benefits of regular physical activity and the different places we can do this. Also, what healthy eating looks like and how it can influence our health and well-being.

In writing we have been using adjectives to describe various characters, including Ogres and Fairies.

We are all looking forward to finding out where we are going on our next adventure.



Year Two Teacher Captain Christensen.

War on Waste Lunches



War On Waste Lunches

Tuesday 1st June 2021

Our goal is to limit the amount of plastic and waste in lunchboxes by encouraging everyone to pack their lunchboxes without plastic bags, glad wrap or plastics that need to be thrown out.



CANTEEN NEWS

THANK YOU

To my helpers last week, Natalie M and Antonella D!

HELP!

Year 2 parents or anyone that is free! I would love a helper from 9-11 am on Friday please.

Year 1 rostered week is next week. Help is needed on Tuesday and Thursday please. If you are able to help, please contact me on 0408834774, thank you

SUSHI DAY - Tuesday 1 June. **Ordered** please by Friday 28 May,

Menu item on the day : Nuggets \$4 or strips \$4 or Toasties - Cheese \$3.50 Ham and Cheese or Ham Cheese and Tomato \$4 Tuna or Chicken Cheese & Mayo \$4.50



Sushi day
Tuesday 1st June
5 piece \$5.50
6 piece \$6.50
Tuna, Chicken Teriyaki
or Veg



PIC•COLLAGE

2021 Canteen Staff