



Newsletter No. 33

2 November 2022

The vision of St Lawrence Catholic Primary School, Balcatta is to share the message of God's love and friendship in a community of learners, developing the full potential of each child.



By tradition, the Catholic Church dedicates each month of the year to a certain devotion. In November, it is the Holy Souls, those faithful Christians who have died and gone before us.

Praying for the dead, especially for those we have known, is a requirement of Christian charity.

Let us all pray

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace.

Amen.

Inspiring Christ-Centre Leaders

Partnerships between parents and teachers are very important as together we support children through the many activities and experiences at school as well as at home – the following advice support this important partnership ensuring happy students doing well at school and at home.

- ◆ Start each day smoothly and peacefully with kind words, smiles and a hug. A child leaving a happy home starts the day in a happy frame of mind, the best pre-condition for good learning.
- ◆ Set aside time every day after school to spend with your children, hearing about their day, listening to what they are saying and paying them your full attention with no interruptions.
- ◆ Send your children to school with a nutritious breakfast inside them – one that includes protein, fruit and good carbohydrates. Pack nutritious, healthy and tasty food in their lunch so that they eat it all.
- ◆ Make sure they get plenty of sleep every night so their brains and bodies can grow.
- ◆ Use non-aggressive conflict resolution strategies so your children learn by example how to deal effectively with their anger and frustration with others. Help them learn to share and take their turn.
- ◆ Place a high value on good manners and respect for others and their property.
- ◆ Model and teach time management and organisational skills. Use calendars and planners for school and family life.
- ◆ Show your love of learning by going with them to the library, to concerts and art galleries. Fill your home with books.
- ◆ Talk with respect about teachers. Deal with any issues in private, not in front of your child.
- ◆ Encourage them to take responsibility for their own learning.

Catholic Schools of Excellence

Annual General Meetings

Parents are invited to attend the **School Advisory Council AGM**, immediately followed by the **Parents & Friends AGM** on **Tuesday 22 November 2022 commencing at 7pm**.

We are currently working on the 2023 School Budget, finances, staffing, forward planning and the 2023 school year in general. If finalised staffing for the coming year is announced at the AGM. Reports from the School Advisory Council Chair, Treasurer, P&F President, Principal and Parish are presented at the AGM.

Catholic Pastoral Communities

Our Year Six children celebrated the Sacrament of Confirmation last Saturday. It was a real honour to be present at this beautiful occasion. I thank all involved in the preparation of Confirmation and take this opportunity to extend my best wishes and all God's blessings to our boys and girls.

Accessible, Affordable and Sustainable

Pick up Procedures Reminder

Please always be mindful not to park on the Junior Oval directly opposite the church at pick up time. The children sit in this area and wait to be picked up and cannot do so safely if there are cars parked in this area. Please also refrain from parking on the school carpark or Junior Oval and calling your children over to your car. If you are parking on the oval or carpark parents must walk to collect their child. Children will not be allowed to walk to their car unaccompanied. Child safety is always of paramount importance.



Sheldon Carey
M Ed, B Ed, Grad Dip
Principal



HOME LEARNING TIP

Here are 5 tips to help improve your family's wellness:

1. Cook with your kids

Instead of picking up dinner on the way home or popping something frozen into the microwave or oven, consider gathering up the whole crew to help make dinner at least once per week.

2. Family night

Designate one night a week as "family night" and plan to do an activity together. One idea is to play a board game as a family.

3. Hold regular family meetings

Children like to be part of the decision-making process. Weekly family meetings can allow even young children to help plan meals, determine who will do what chores, what activities the family will engage in, and the establishment of family rules and consequences.

4. Open those scrapbooks or photo albums

If you already have family albums, take time to review them. Bonding over shared memories and experiences can be a great stress reliever and allows each member of the family to see how much they have grown over the years.

5. Volunteer

Find opportunities in your neighborhood or city and volunteer as a family. Clean up a stretch of beach or highway, help build a home, serve a meal at a homeless shelter, plant trees—there are no shortages of ways you can help.

INTERSCHOOL CARNIVAL

Congratulations to all competitors for a fantastic job today. You all performed brilliantly and were extremely well behaved. We were all very proud of you.

Well done for taking out the Junior Trophy and Team Game Trophy.



ASSISTANT PRINCIPAL NEWS

Student Leadership Roles and Responsibilities

The Year 5 students have commenced the student leadership process. In week 6 the candidates will make their speeches and the new leaders will be voted in by their peers and teachers. Mr Carey will have the final decision.

Student Leader expectations at St Lawrence

Student leadership roles at St Lawrence are a position of responsibility. As a leader of the school, you will be expected to:

- Be an example of living like Jesus
- Be a role model at all times to the children at St Lawrence
- Be safe, respectful and responsible
- Represent the school with pride when out in the community
- Provide student voice to the leadership team

INTERSCHOOL SPORTS CARNIVAL

Congratulations to all the students who participated in the Inter-school Sports Carnival today.

To all the children who participated, well done we are very proud of you for the way you gave your very best and for your amazing sportsmanship.

A special thank you to Mrs Major for training the children not only in Physical Education lessons but before school and to Mrs Del Borrello who assisted Mrs Major.

ST VINNIE'S CHRISTMAS APPEAL

We will begin collecting food for the St Vinnie's Christmas Appeal this week.

St Vinnie's are planning to make food hampers to share with the less fortunate containing items that may be used for a Christmas meal.

Some suggested items are:

plum puddings,
Christmas cakes,
tinned hams,
tinned fruits,
jellies,
lollies,
boxes of chocolates
cool drinks
Christmas crackers,
custards (pre-made),
fruit juices,
biscuits.



All donations will be gratefully received and will be used to bring joy to others in our community.

Please leave your items on the ledge in the Learning Centre. Donations will be collected by St Vinnie on Thursday 8 DECEMBER.

GIVING TREE

Our Christmas Giving Tree is set up in the Learning Centre. I would like to extend sincere thanks to Mrs Howley, Mrs Seragusana and Mrs Staltari for co-ordinating this worthwhile project.

If your family would like to participate, please have your child select a gift tag and purchase a gift for the child outlined on the tag. We suggest that you take your child to the shops and give them the opportunity to use their own money to buy their gift which will be donated to a child in need.

Please wrap your gift, attach the gift tag and leave it under the Giving Tree. Gifts will be collected on Thursday 8th DECEMBER.

FUN RUN

Our School Fun Run will take place on **Thursday 3rd November** on the Senior Oval at the following times.

Times	Grades
9.20-9.40	Pre-Primary Year 5
9.40-10.00	Year 1 Year 6
10.00-10.20	Year 2 Year 4
10.20-10.40	Year 3

Children will need to wear their Sports Uniforms on this day, so they are dressed appropriately for the run. Children are allowed to have crazy hair and wear crazy socks on this day. Please make sure if you are spraying your child's hair that you do this at home as no aerosol spray cans are allowed on the school premises. Our Kindy children's Fun Run will take place on Friday. Please ensure any sponsorship money is sent into school by Friday. Parents are welcome to attend the Fun Run. Icy Poles will be given to children after lunch.

OUTDOOR CLASSROOM DAY

Outdoor Classroom Day is a global movement to make time outdoors part of every child's day. All year round, the Outdoor Classroom Day community campaigns for more time outdoors. We will celebrate Outdoor Classroom Day on **Thursday 3rd November** with a range of events.

<i>Time</i>	<i>Activity</i>	<i>Group</i>
8.40 – 9.00	Classroom	PK – Year 6
9.00 – 9.20	Meet, Pray, rules and read book.	PP – Year 6
9.20 – 10.40	Fun Run Outdoor Activities Classroom	Fun Run Times 9.20. - 9.40: PP/Year 5 9.40 – 10.00: Year 1/6 10.00 – 10.20: Year 2/4 10.20 – 10.40: Year 3
10.40 – 11.00	RECESS (as per usual)	Year 1 – Year 6
11.00 – 12.20	Outdoor activities	PP – Year 6
12.20 – 12.35	Collect lunches from the canteen (12.30 and distribute). Meet with buddy class on the lawn outside the office with <ul style="list-style-type: none"> • Lunch • Water bottle • Hat • Small backpack 	PP – Year 6
12.40 – onwards	Lunch (Grindleford Park)	PP to Year 6– walk to park, lunch and play.

REMEMBRANCE SERVICE

The **Year Six** students will lead us in a Remembrance Service on Friday 11th November at 11am in the undercroft.

Miss Kathleen Tranquille, Assistant Principal

LIBRARY NEWS

LIBRARY BOOK SALE

The sale of discarded books and the old musical instruments went extremely well. We manage to raise a fantastic total of \$71.70. This money will be donated to Caritas to be utilised for one of their many worthy causes. A very big thank you to all who supported the book sale.



LIBRARY HIGH MORNING TEA

Over the year students from Years 1-6 have been given the opportunity to receive a raffle entry for every time they return their library books on time, (children who were absent due to illness were automatically given a ticket for that time period). The raffle tickets have gone into a draw to attend a special High Morning Tea in the library in week six. Four students from each class will be drawn to attend. We are currently half way through drawing our winners. All winners, along with further details, will be announced in next week newsletter. Good luck to everyone!



Mrs Louise Frenzel, Library Officer

UNIFORM SHOP NEWS

GIRLS RED SKORTS

Girls Red Skorts have been discontinued by the manufacturers, unfortunately out of our control. Girls have the option to continue wearing girls red skorts or Red Sport. Shorts are available to purchase from the Uniform Shop.

Currently we have limited stock of Skorts. Kindergarten students who have placed orders for skorts for pre primary 2023 are available.

KINDY STUDENTS 2022

Please note that a compulsory uniform is required for commencement to Pre Primary 2023.

Please place your uniform orders by 11 November. Orders are then packed and payment is required at collection by late November.

PRE-PRIMARY STUDENTS 2022

A compulsory uniform is required for commencement to Year One 2023.

Please place uniform orders ASAP. For any enquiries please do not hesitate to contact me on Angie.miola@cewa.edu.au or visit the Uniform Shop to arrange sizes for your child.

Parents, can you please advise if you are not placing a uniform order.

Orders are then packed and payment is required at collection by Week 6, 16th November.

EARLY CHILDHOOD STUDENTS 2023

Students commencing Pre Kindy and Kindergarten in 2023 are not required to wear a compulsory school uniform but are encouraged to wear a Red Early Childhood t-shirt or track top.

Library Bags are compulsory to purchase for Kindergarten. Stock is available to purchase directly from the Uniform Shop. Order forms are available from the school office or from the Uniform Shop.

Uniform Shop Opening Hours

Wednesday 8.30am to 9.30am and Thursday 2.30pm to 3.30pm

Mrs Angela Miola, Uniform Shop Manager

PHYSICAL EDUCATION NEWS

T-BALL

Congratulations to the Year 5 boys who participated in the t-ball carnival last Friday. They were competing against older children and performed so well. I was extremely proud of their performance. A huge thank you to Amanda Murabito for giving up her whole day to coach the boys and also to her brother Nick who volunteered to coach our boys through their toughest game. I am so grateful for their contribution.



GIRLS AFL

Our Years 5 and 6 girls did a fantastic job at the football Interschool on Monday. There were a huge amount of schools entered and our girls beat 6 schools and only lost to Iona. Fantastic performance girls!



Mrs Claire Major, Physical Education Teacher



CANTEEN NEWS

THANKS to my helper last week Anna S, much appreciated!

As you can imagine the Pre Primary group are taking a little longer to order at lunch time so if you can spare time we still need helpers for weeks 5, 6, 7 and 9 on Friday from 12.30 - 1.30. Also Thursdays I am on my own so any help would be most appreciated!



Canteen Christmas Raffle tickets are now on sale from the canteen - 1 for \$5 or 3 for \$10, drawn Friday 9th December at line up.

1st Prize	\$300 Scooter Hut Voucher donated kindly by David Michael MLA
2nd Prize	4 x Silver GA tickets to Perth Glory 10th March, Perth Glory soccer ball and wallet kindly donated by Perth Glory
3rd Prize	\$50 Wish gift card & 4th Prize - \$50 Wish Gift Card kindly donated by Woolworths Roselea
5th prize	Pancake Maker Gift pack kindly donated by Mrs Frenzel
6th prize	Wine gift pack kindly donated by Radich Family

Many thanks to all our donors for your generosity!

If you are unable to come to the canteen with your money, it can send in an envelope and we will send the tickets home with your child.

Thanks also to Tara O for always lending a helping hand!

Mrs Christina Russo and Canteen Staff